

January 2011 Pre-EATA District 1 Notes from the Director !

Happy New Year DISTRICT 1 !!!

Welcome to 2011 District 1 !!

Hopefully the New Year finds you healthy and content. I hope that all of us get a little bit less snow in the coming months and a bit warmer weather!!! Things have been a bit busy since last I wrote to all of you and I am looking forward to seeing as many of you as I can at EATA in Philly!!

District Update

1. **Skype the Director – January 13th, @ 11am** My username is Paul A. Ullucci, Jr. All District 1 members are invited to contact me via SKYPE should they have any questions. If you are unavailable at that time please feel free to email me question @ paul@risportsmed.com and I will respond.
2. **District 1 Award Winners :** Congratulations to **Jeffrey Shanley** for earning the NATA Life Saver Recognition Award !! During a Men's Soccer game, the University of New Haven goalkeeper came out to make a save and was kneed in the jaw/head by the opposing player running by. Upon the athletic trainer's arrival, the athlete was unconscious, with blood coming from the corner of his mouth, and not breathing due to a blocked airway. The athletic trainer immediately notified Merrimack's ATC to call EMS and then turned the athlete on his side which allowed the blood to drain out of his mouth. Upon the draining, the athlete gasped for air and started breathing on his own. The athletic trainer maintained an open airway despite there being no mandible due to is shattering on impact until EMS arrived on the scene due to the athlete still being unconscious. The ATC assisted with the spine boarding and loading of the athlete. The athlete remained in a coma for just a little over a week and then endured many months of therapy. The athlete is well today and is expected to make an almost full recovery. Check out the links below for more info !

<http://www.nata.org/sites/default/files/webform/James%20Thank%20You.doc>

<http://www.nata.org/sites/default/files/webform/NBC%2030.doc>
3. **Student Representative needed** The national Athletic Trainers Association Student Committee needs a new Student Representative, to replace Amelia Hall when she graduate in June of 2011. Student members and Program Directors are encouraged to visit the NATA website and talk to Amelia and other members of the NATASC to see if they are interested. They should then contact me via email with a recommendation from their program chair or core instructor a Resume or Vitae so that I can compile them for the committee Chair. Candidates should not graduate until June of 2012 or later to be eligible.

EATA update

1. ***EATA-*** The convention will be held at a **NEW HOTEL the LOEWS January 7-10, 2011**. Onsite Registration will be open on Friday 1/7/11 !!
PLEASE BE AWARE THAT THE EATA HOTEL ROOM RATES ARE ONLY AVAILABLE UNTIL DECEMBER 24, 2010. MEMBERS MAKING RESERVATIONS AFTER THIS DATE, MAY HAVE TO PAY FULL PRICE.

2. District 1 EATA Award Winners

- a. Frank Mastrangelo – Henry Schein
- b. Dr. Pierre d’Hemecourt (Boston’s Children’s Hospital) Dr. Moyer Award

3. District 1 2011 EATA Student Scholarship Winners

- a. Stephen Creamer – Joseph Abraham Award
- b. Amelia Hall – EATA Scholarship
- c. Nicole Delage – EATA Carl Krein D1 Scholarship
- d. Danielle Stabinski – Kerkor “Koko” Kassabian Award
- e. John Bonney – Wes Jordan sponsored by Henry Schein

NEWS from the NATA Board of Directors:

1. NATA Education Competencies, 5th edition – The NATA BOD voted to unanimously accept the latest version of the Education Competencies developed by a dedicated group of NATA Members and lead by the NATA’s Professional Education Council (Lou Fincher, EdD, ATC–Chair) and Executive Committee for Education (Sara Brown, MS, ATC–Chair). This edition of the education competencies will direct ATEPs throughout the country to develop curriculum which will ensure that future Athletic Trainers will remain on the cutting edge of sports medicine. It represents a tremendous effort on part of all of the volunteers who spent over 20 months developing these competencies. I would like to personally thank Sara Brown and Doug Casa for taking the time to share their insight on the development of this document as well as their vision for the future of our profession. While a number of volunteers came from throughout the country to develop this document I would like to highlight those from District 1 and personally thank them in public for their time, effort and insight. They include

Sara Brown, MS, ATC
Doug Casa, PhD, ATC, FACSM
Jim Schilling, PhD, ATC, CSCS
Erik Swartz, PhD, ATC
Craig Denegar, PhD, ATC, PT

2. NATA Presidential Elections : There are three candidates for President of the NATA per NATA By Laws only two candidates can be presented to the membership for consideration, for this reason the presidential nominating committee will meet on Committee

Day at the annual meeting, Sunday, June 19, from 4-5 pm to determine which of the three candidates will be eligible to run in the association wide election in the Fall of 2011. The three candidates are

James Thornton, MS, ATC, PES – NATA Vice President, District 2 Director

James Thornton, MS, ATC, PES – District 4 Director

Terrance (Terry) Noonan, MS, ATC – NATA Secretary Treasurer, District 5 Director

3. NATA By Law Changes - Each Director has been charged with gathering feedback from their district in regards to a change in the NATA By Laws which would create a new membership category for individuals who hold state licenses but are not BOC certified. This new category would provide those individuals who hold current state licenses with voting rights within the NATA.

Background Information : a number of states do not require individuals to either obtain and/or maintain BOC certification for licensure purposes. Under our current By Laws these individuals are classified as Associate Members and therefore have NO voting rights. It is believed that by making this change the NATA will improve member satisfaction for those formerly categories as Associate Members as well as aide in the recruitment of additional members. NATA Staff are also investigating how this potential change may affect all areas of NATA operation.

4. NATA Board of Directors The NATA BOD will be meeting in person for its annual mid year meeting in Dallas, TX, January 21-23, 2011. Any member of District 1 who may have issues that they would like me to address with the board or to NATA staff please call or email your questions a few days ahead of time so that I can make sure to get it on the agenda for the call. MEMBERS I WANT YOUR INPUT ON THE DIRECTION YOU THINK WE NEED TO BE MOVING IN. THE MORE FEEDBACK YOU GIVE ME, THE BETTER I CAN REPRESENT YOU SO WHEN IN DOUBT SEND ME AN EMAIL OR SKYPE ME !

Upcoming Events:

**1. Soft Tissue Approaches For the Shoulder and Neck
And Soft Tissue Approaches For the Hip and Pelvis**
Presented by Kate Peck, ATC, CMT

Soft Tissue Approaches of Shoulder & Neck: Sun. Jan. 23, 2011

Soft Tissue Approaches of Hip & Pelvis: Sun. Feb. 20, 2011

Time: 9:00 a.m. – 5:00 p.m. (7 BOC Provider Approved hours each course)

**Location: Roots & Wings Healing Arts
317 North Main Street
Natick, MA 01760**

Cost: \$ 150.00 / course (\$25 discount for each additional course)

To Register: Go to www.thebodyworkeducationproject.com.

Kate Peck
Journey to Health Massage
1113 Washington St.
Newton, MA 02465

2. Dear District One Athletic Trainers,

Sorry for the impersonal mass email, but I do have many emails to send so I am opting for the most expedient way to get the job done.

I am emailing to ask a favor of all the athletic trainers in District One. Just about a year ago a colleague and very good friend of mine passed away following a courageous battle with cancer. At the time of her passing she was 35 years old and she left behind her husband, daughter, parents and brother. Her family very graciously agreed to help a number of us (her colleagues and friends) do something to honor her and the profession she loved.

I first met Penny when she started working for me as a part time ATC at Wesleyan University. She was a perpetually happy person and full of energy. She would work any sport and any time I needed her help. I could call her at the last minute when a coach changed a practice time or when a game was rescheduled and she would always find the time to come help me out. Not only was she always willing to work, she was also very good at her chosen profession. Her first choice for employment was in a clinic with an outreach program because she loved working with high school student athletes. She also taught CPR and First Aid to a number of high school coaches across the state of Connecticut. Her student athletes, their parents and the coaches she worked with all loved her. As a result she was a wonderful ambassador for our profession.

At Wesleyan she covered swim meets, wrestling matches, volleyball, squash tournaments, track meets, cross country meets and rugby. I know that she touched the lives of many student athletes from all over New England. A group of us has spent the last year raising money to endow a scholarship in Penny's name. The scholarship is through the NATA Foundation so that any donation that we receive can be tax deductible. In order to endow the scholarship we need to raise \$25,000 and we have pledged to continue our efforts until we meet our goal.

I am emailing all of you to ask for help in our endeavor. If you already make a yearly contribution to the NATA Foundation I am asking that for one year you consider earmarking your donation to the Penny Dunker Polek Scholarship Fund. If you have not donated to the Foundation in the past please consider a one time donation to help in our efforts. Please remember it does not have to be a huge donation and that every dollar will help us meet our goal. I am also asking that you forward this email to all of the athletic trainers you know across the country so that our grass root effort will continue to grow. I have attached a form from the NATA Foundation that should be sent with any donation you make to insure that the money is credited to the right account.

I thank you in advance for your assistance with our fund raising efforts for Penny's scholarship. She was definitely one of the good guys.

Sincerely,

Jan Desi, ATC

jdesi@wesleyan.edu

3. LACROSSE SPORTS MEDICINE: Taking Care of America's Fastest Growing Sport

Date/Location: Friday, March 11, 2011 • Sheraton Inner Harbor Hotel, Baltimore, MD

Background and Purpose: Lacrosse is the oldest, and currently the fastest growing team sport in America. Unique versions of the sport are played by girls/women and boys/men from age 6 to 60 who compete in youth leagues and scholastic, collegiate, professional, club and masters levels of play. The differences between the rules, culture and style of men's and women's lacrosse result in unique sets of injuries, and there is a growing body of lacrosse-specific sports medicine knowledge concerning the mechanisms, treatments, and prevention of these injuries. It is our goal to provide a comprehensive, national level conference on men's and women's lacrosse-specific sports medicine for the medical and lacrosse communities.

Format: Full day of interactive lectures and panel discussions. Registration will include a ticket (with additional tickets available for purchase) to attend the 2011 Faceoff Classic at M&T Bank (Ravens) Stadium on Saturday, March 12, featuring the following men's games: Syracuse-Georgetown, Virginia-Cornell, Johns Hopkins-UMBC. Hotel rooms are available at the Sheraton Inner Harbor for the conference rate of \$150 per night.

Sponsors: US Lacrosse (www.uslacrosse.org); the sport's national governing body, and MedStar Sports Health / Union Memorial Sports Medicine.

Audience: This conference will have a wide appeal and we expect a multidisciplinary audience including team physicians, orthopaedic surgeons, primary care specialists, athletic trainers, physical therapists, injury epidemiologists, other allied health professionals, and lacrosse administrators and coaches.

Speakers: Members of the US Lacrosse Sports Science & Safety Committee, nationally recognized experts in orthopaedics and sports medicine, and leaders in the national lacrosse community.

Registration – for more information contact Teresa Collins [@tcollins@gcoa.net](mailto:tcollins@gcoa.net)
Lacrosse Coaches or Administrators: \$100; Athletic Trainers / Physical Therapists / Allied Health: \$100; Physicians: \$200

To register:

Physicians — <https://secure.uslacrosse.org/event/default.cfm?EventUID=B7D6D926-93B3-C4BD-DF8B0B32CB700F6C>

All others — <https://secure.uslacrosse.org/event/default.cfm?EventUID=B3139C3B-A56F-9DD8-4E09AEB23BC9B585>

\$25 of each Registration fee will be returned to the registrant's designated professional organization (Such as NATA, NATA District, Sports Section APTA, ACSM, AOSSM, school, lacrosse league etc.)

All proceeds from this educational conference will be directed to two nonprofit entities: US Lacrosse Sports Science & Safety Committee or The Union Memorial Sports Education and Research Fund to continue research and education in injury prevention.

4. In 2011, NHMI will once again offer the Letendre Student Athletic Training Summer School Scholarship. This scholarship provides funds for students interested in careers in the sports medicine field of athletic training to attend a summer camp. More information about the field of Athletic Training is available at <http://www.nata.org/consumer/index.htm> <<http://www.nata.org/consumer/index.htm>>

The week-long camp is at Springfield College - a flyer about the 2011 camp is attached. The 2011 camp is slated for July 10-14. Scholarship application deadline is April 1.

The 2010 Scholarship winner was Reid Beauchemin. Mr. Beauchemin is homeschooled and attends Concord High School part time. He had a great experience. We're looking forward to providing this experience for another deserving student. Current year sophomores & juniors are eligible to apply. Preference is given to students at Manchester (NH) Central High School but applications from students at other schools are welcomed. Attached please find an information/application package that you can distribute to interested students. Complete information about the scholarship is also available on our web page: <http://www.nhmi.net/scholarship/index.htm> <<http://www.nhmi.net/scholarship/index.htm>> . Thanks for your help in disseminating this information.

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