



March

District One

March

A newsletter dedicated to informing District One members on Athletic Training news and events essential to the profession.

Special CEU
Edition



Dear District One Membership,

We have so many fantastic Professional Development Opportunities in District One; we decided to put out a Special CEU edition for your convenience.

All my best,

Westy

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District One Director

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NATIONAL ATHLETIC TRAINERS' ASSOCIATION

NATA Convention

- 2016 June 22-25, Baltimore, MD
- Registration opens Tuesday, March 1, 2016
Attendee Housing is open

<http://convention.nata.org/registration/>



EASTERN ATHLETIC TRAINERS' ASSOCIATION

EATA Annual Meeting

- 2017 January 6-9, Philadelphia, PA
- 2018 January 5-8, Boston, MA



2016 CATA Symposium
Thursday, May 19, 2016
Registration opens at 7:00AM

Quinnipiac University - Mount Carmel Campus
 275 Mount Carmel Avenue, Hamden, Connecticut
 Center for Communications and Engineering Building



April 3rd, ATOM Young Professionals and Student Conference

Hosted at Springfield College, Springfield, MA

◦This conference provides hands on opportunities for both professionals and students.

May 26th, ATOM/RIATA Annual Conference

Hosted at Lasell College, Newton, MA



Northern New England Conference

Northern New England Athletic Training Conference
Friday and Saturday June 10-11, 2016
Location (Lake Morey Resort, Fairlee, VT).



MATA Spring Conference and Awards Luncheon March 4th, 2016 Jeff's Catering, Brewer, ME

Schedule of Events:

- 8:30-9:00 Registration
- 9:00-9:15 Welcome
- 9:15-10:10 Peter Sedgwick, MD - Evaluation of the Abdomen (w/lab)
- 10:10-10:20 Break
- 10:20-11:15 Peter Sedgwick, MD - Evaluation of the Thorax (w/lab)
- 11:15-11:30 Break
- 11:30-1:00 Business Meeting and Awards Luncheon

**Polar Bear Sports Medicine Conference
Baseball Sports Medicine:**

A TEAM APPROACH

Time: 9am – 4pm

May, 13, 2016

Location: Watson Ice Arena

Registration: \$60.00

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|------------------|---|
| 9:00-9:50 a.m. | Rotator Cuff Disorders
William Heinz MD-OA Centers for Orthopaedics |
| 10:00-10:50 a.m. | Understanding Throwing Mechanics
Matt Somma PT, DPT, CSCS-OA Centers for Orthopaedics |
| 11:00-11:50 a.m. | Elbow UCL Injuries in Baseball
Michael Pleacher MD-OA Centers for Orthopaedics |
| 12:00-12:45 p.m. | Lunch (Not Provided) |
| 1:00-1:50 p.m. | In-Season Upper Extremity Maintenance
Joe Shaw ATC-Bowdoin College |
| 2:00-2:50 p.m. | Shoulder Labrum Injuries in Baseball
Thomas Murray MD=OA Centers for Orthopaedics |
| 3:00-3:50 p.m. | Off-Season Goals for Baseball
Stan Skolfield ATC, CSCS-Parisi Speed School: OA
Centers for Orthopaedics |

Dan Davies M.Ed., A.T.C., C.S.C.S.
Head Athletic Trainer
Bowdoin College
9000 College Station
Brunswick, ME 04011

Athletes First: Components of Effective Coaching Exercise and Sport Sciences & Athletics Symposium

Colby-Sawyer College
Ware Student Center
March 7, 2016
8:30 a.m. – 2:00 p.m.

- 8:30 a.m. Welcome and Opening Remarks Deb Taylor
- 8:40 a.m. Developing Competitors
Eric Eisendrath, Lead Trainer for Content Development
Positive Coaching Alliance
- 9:50 a.m. Using Performance Outcomes to Influence Training, from a Coaching
Perspective
Chris Proulx, Global Clinical Consultant DJO, LLC
- 11:00 a.m. Nutrition for Optimal Health and Athletic Performance
Laura Moretti, Dietitian Sports Medicine Division, Boston Children's
Hospital
- 12:00 p.m. Lunch
- 1:00 p.m. Strategies for Coaching the Mental Game
Robin S. Vealey Professor and Graduate Director
Department of Kinesiology and Health Miami University

Ms. Terri Hermann, Administrative Assistant
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Please make checks payable to
Colby-Sawyer College

CCSU 31st Annual Sports Medicine Symposium

Mind, Body & Sports: Caring for the Whole Athlete
Tuesday, March 1, 2016
Student Center Alumni Hall
CCSU, New Britain, Connecticut

Stay Connected**Web site** <http://www.eatad1.org/>**Twitter** @NATA_District1**Facebook:****<https://www.facebook.com/NATADistrict1>**

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