

DISTRICT ONE



Notes from the District Director

Greetings District One Members,

We are living in extraordinary times. We are challenged by the COVID-19 pandemic and by our overwhelming sorrow and anger at the shocking death of George Floyd, which has led to a time of national protest. Your District One Officers join the millions of people throughout the country who are outraged, scared, and deeply saddened by the murders of George Floyd, Ahmaud Arbery, Breonna Taylor, Tony McDade, and so many more. The ongoing magnitude of systemic and overt racism is overwhelming and unacceptable. This is a moment that demands we all truly listen and seek to understand what those who may not look like us experience on a daily basis. We should all endeavor to be part of the solution going forward.

The NATA Board of Directors is working closely with the Ethnic Diversity Advisory Committee (EDAC) to explore opportunities for all of us to act in hopes of creating real change. It is our goal to be intentional and purposeful with a disciplined focus on listening and in supporting action that is transformative. I encourage you to reach out to any of your District One Officers if you have questions, comments, or concerns. Please read the message from our EDAC representative, Rebecca Ramirez-McKinley in this special edition newsletter.

The pandemic has taught us how flexible and nimble Athletic Trainers truly are. Many of us have transitioned to working remotely and have mastered the art of Zoom meetings. Each day brings new stories of ATs adapting our roles to help stop the spread of COVID-19. To see the work that continues to be done at the local levels with public health departments and individuals reaching out to offer their services proves that we will be coming out of this stronger and better as a profession. It will be a slow process getting back to a “new normal,” and the effects will be felt for years to come, but to know that our profession has played a role in this pandemic is incredible.

I want to thank our state association presidents as well as our committee representatives for their tireless work on behalf of the district and our members. I want to personally thank Gary Morin for his service as he finishes up his time as CATA President. He has been a valuable member of the District One Executive Council and it was a pleasure working with you. Tim Tourville will finish his term as VAAT President later this month, and I want to thank you Tim, for representing Vermont (again), and for your insights while serving on the Executive Council. Welcome to new CATA President Perry Siegel, and to Incoming VAAT President Greg Jancaitis. I look forward to working with you both! I would like to thank Sarah Myers (PRC), Jessica Gallagher (ATSA), Regina Kostyun (PDC), and Sergio Martin-Acuna (SLC) as they complete their terms of service on their respective NATA Committees. Welcome to the following members who have been appointed to serve: Kelsey Rynkiewicz (PRC), Sarah Wooley (ATSA), Meredith Madden (PDC), and Julia Snow (SLC).

As you know, the NATA Annual Symposia & AT Expo will occur in virtual format this year. It will take place July 13-16, 2020. Registration will open soon, so stay tuned for more information on #VNATA!

The District One Membership Meeting will be a two-part event. We will record the meeting providing updates from the Executive Council, Committee representatives, and recognize our award and scholarship winners. A link will be sent to all District One members so that you can watch at your convenience between June 24-June 30. We will hold a live Zoom meeting on June 30 at 7:00 PM EST. We will open the floor to Q & A, and any motions needing approval will be voted on during the live session. Please save the date! We'll provide further details via e-blast later this month.

As always, we are here for you. Please reach out to your District One Officers with questions or concerns.

Be safe and be well, AT Family.
Diane Sartanowicz, MS, LAT, ATC
District One Director

District One Membership Meeting
ZOOM

June 30, 2020 | 7:00 PM EST
Link will be sent to members in advance.



From the District Secretary

Vicky Graham, DAT, LAT, ATC

Our membership in District One remains strong. We have seen expected drops in student members during this transitional period in AT education. It is vital that we continue to educate

AT students about the importance and benefits of membership in the association, particularly as it relates to the ability to practice to the full extent of our scope and training.

I'll point out that in District One, we did not actively attempt to retain members who had not renewed for this year (2020) after February, due to the pandemic. In the past, we have reached out to those people for a longer time to encourage them to renew. The fact that we ended those efforts early this year, along with the fact that many ATs were furloughed, laid off, or lost jobs because of the pandemic likely impacted our late renewal numbers.

District One Nominations and Elections Chair Kathy Thornton will issue a call for nominations for District One Director at the District One Membership Meeting on June 30. Current Director Diane Sartanowicz is eligible for re-election. Per NATA Bylaws, the District Director term of office is 3 years, renewable for 2 years (total of 5 years).

As I prepare to finish my term as District One Secretary, I thank you for allowing me to represent you. It has been my privilege over the past four years to serve with many committed, dedicated leaders within the district and EATA. Jennifer Brodeur will take over as Secretary after our June 30 membership meeting and will do a tremendous job!

District One Membership (as of 06/09/20)

Category	Members
Associate	184
Certified Professional	1870
Certified Student	26
Licensed Professional	4
Student	184
Honorary	7
Retired Certified	100
TOTAL	2375



From the District Treasurer

Julie Alexander, MSED, ATC

I am pleased to announce that District One continues to be financially sound with no liabilities. We are in the process of finalizing our FY 20-21 budget utilizing the services of Riley

Accounting during this process. We are in constant communication with our financial adviser from Morgan Stanley. During our last discussion, our financial adviser reported that our portfolio was set to endure current market turmoil. He recommended minor changes to our portfolio in response to the current COVID-19 pandemic as well as other global financial challenges. These changes are consistent in order to reach our annual goals. I would like to remind all members to contact me if you have any questions or concerns. I look forward to providing you with a detailed financial report at our virtual business meeting in June of 2020.

District One Grants for Safe Sports School Awards

Grants are available for 1st time award applicants

[LEARN MORE HERE](#)

ONLINE CONTINUING EDUCATION FOR ATHLETIC TRAINERS

Enroll Now

Keep In Touch!



Director
Diane Sartanowicz



Secretary
Vicky Graham



Treasurer
Julie Alexander



Secretary-Elect
Jennifer Brodeur

2020 District One Scholarships Winners

District One funds six scholarships, one for each state in the district. The scholarships are named in honor of a member who served and represented the state and district with distinction. Congratulations to our 2020 District One Scholarship recipients!

Eduardo “Chico” Hernandez Scholarship
Brian Powell
University of Vermont



Charles J. Redmond Scholarship
Gabrianna Matthews
Springfield College



Cathy Horne Scholarship
Gyujin Kim
UCONN



Kathleen Laquale Scholarship
Jake Lima
Bridgewater State



Daniel R. Sedory Scholarship
Maxwell Judge
Colby-Sawyer College



Carl Nelson Scholarship
Stephanie Devine
UNE



Stay Connected with District One



Vote

NATA Presidential Election in July

There's plenty of time to [learn more about our two candidates](#) for NATA President before the election this summer. Kathy Dieringer, EdD, LAT, ATC and Katie Walsh Flanagan, EdD, LAT, ATC both have outstanding records of service and leadership.

The election will take place starting July 1, 2020.



Kathy Dieringer,
EdD, LAT, ATC



Katie Walsh Flanagan,
EdD, LAT, ATC

IT'S TIME FOR

ACTION

VIRTUAL
NATA
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
71ST NATA CLINICAL SYMPOSIA & AT EXPO

ACTION
IN HEALTH CARE



EATA Call for Nominations

The EATA Executive Board is seeking nominations for **President-Elect** and **Secretary**. Nominations can be submitted on the [EATA Nominations](#) page. **The deadline to submit nominations is Sept. 1, 2020.**

Call for Preceptors:

EATA Education Summit Planning Committee

The EATA has issued a call for Preceptors to join the EATA Education Summit Planning Committee (3 positions open). If you are or have been a Clinical Preceptor for an AT education program and are interested in serving on the committee for a 2-year term (renewable), please send an e-mail and brief letter of interest to Paul Geisler at pgeisler@ithaca.edu. **The deadline for applications is July 1, 2020.**

EATA Call for Committee Members

The EATA is seeking assistance with advancing the EATA with committee and/or positions open in various areas including: EATA '49 Club, EATA Excellence in Leadership Award, and EATA Excellence in Secondary School Athletic Training Award; Scholarship, Research, Site Selection, Sponsorship, Registration, and Quiz Bowl Committees.

Members interested are strongly encouraged to email John Hauth at president@goeata.org with a brief statement in regards to your preference in committee(s), motivation for serving, and thoughts on ways to continue to advance the committee and improve the EATA. If you would like more information about these opportunities, please do not hesitate to contact John Hauth. **The deadline for submission is July 15, 2020.** All interested candidates must be a Certified or Certified Retired Member of the NATA (District 1 or District 2) and have a valid NPI number.

2020 NATA Award Winners

MOST DISTINGUISHED ATHLETIC TRAINER



Vicky Graham

ATHLETIC TRAINER SERVICE AWARD



Mary Neubelt Cardarelli



Bob Colandreo



Stephen Straub

NATA FELLOW



Lindsay DiStefano

District One 2020 NATA Foundation Scholarship Recipients

Kayley Cote, Quinnipiac University
NBATA Joe O'Toole Scholarship

Gyujin Kim, University of Connecticut
District One Rebecca Payne Scholarship

Hailey Wong, Quinnipiac University
PFATS Rollin Mallernee Scholarship

2020 District One Bobby Gunn Scholarship Recipient



Sergio Martin-Acuna
University of Southern Maine

VISIT THE



COVID-19 Resource Center

[Click Here](#)



President

Brett Winston, PhD, LAT, ATC

It has certainly been an unprecedented time here in the Commonwealth and across the globe over the past few months and the ATOM executive board hopes this message finds you safe and well. The year started off with a changing of the guard, as I took over as President of ATOM at the EATA Convention hosted at Foxwoods

Resort & Casino, in Mashantucket, CT. Since, the organization has been extremely busy despite the stay at home order mandated by the Governor's office as a result of COVID-19. Allow me to start on a positive note as we recognize and congratulate the following scholarship and award recipients from the past six months.

ATOM Scholarship: Kaitlyn McGuire (Merrimack College)

District One Charlie Redmond Scholarship: Gabrianna Matthews (Springfield College)

ATOM Athletic Trainer of the Year: Yoshitaka Ando (posthumous)

Brian FitzGerald Public Service Award: Lisa Ayles (Metro-West Medical Center)

2020 NATA Athletic Trainer Service Award: Robert "Bob" Colandreo

2020 William T. Griffin Award for Outstanding Leadership in Legislative Advocacy: Robert "Bob" Colandreo. *To be awarded at the 2020 State Leadership Forum*

Legislative Update

Despite a very promising kick off to the legislative session with at least one hundred formal and informal meetings regarding bills filed on behalf of the profession, our efforts hit a wall at the Joint Committee Rule 10 deadline on February 5, 2020. Although the routine and formal process for our efforts has for the most part been halted, please know we are focused on bringing our profession out of 1983 and into 2020 with practice act language reform. We are working hard behind the scenes to continue to build on our existing relationships and increase the profession's visibility on Beacon Hill and in the community. Recently, language adjustments were sent to the Board of Allied Health Professions with regards to the rules and regulations governing our practice. We hope to gain a small victory by aligning the language used to define athlete, athletic injury, and team/organization.

Other notes:

The Spring State meeting has been put on hold due to COVID-19, however, the executive board is working diligently to provide the membership with a webinar based CEU event. The Young Professionals Committee has remained a strong and active group and is pleased to announce that the next YP Symposium will be

held on October 25, 2020 at Springfield College (*subject to change based on COVID-19*). ATOM has a few committee chair openings to include the Secondary Schools Committee and the Continuing Education Committee. If you are interested in serving please send a statement of interest and resume to secretary.atom@gmail.com by July 31, 2020.

Congratulations to Nairi Melkonian at Greater Lawrence Technical School for receiving the Safe School Sports Award (1st Team).



Gabrianna Matthews of Springfield College receiving the Charles J. Redmond Scholarship at EATA. L-R: Charlie Redmond, Gabrianna Matthews, Diane Sartanowicz, Bob Colandreo



Kaitlyn McGuire of Merrimack College receiving the ATOM Scholarship at EATA. L-R: Bob Colandreo, Kaitlyn McGuire, Brett Winston



Lisa Ayles of Metro-West Medical Center receiving the Brian FitzGerald Public Service Award. L-R: Bob Colandreo, Lisa Ayles, Brian FitzGerald



Outgoing President

Gary Morin, PhD, LAT, ATC

I am in the process of completing my final week as the CATA President and it has been very different since assuming the role. The spread of the COVID-19 virus has dramatically altered our lives through the disruption of our work and life schedules, self-quarantines and possibly illness within the family. Along with us as individuals, it has affected organizations and the CATA has been no different.

After losing our facilities in Cromwell and then at Quinnipiac, we moved the event to an online format over a two-day period with over 50 participants on each of the two days. In addition to our featured speakers, we heard from NATA President Tory Lindley and NATA District One Director Diane Sartanowicz. The conference themes included cardiac conditions, sport psychology in rehabilitation, professional preparation. Many thanks to all of the attendees, speakers, Stephen Straub and Dan Smith for their technical prowess and Perry Siegel for his work as the moderator. During the event, we announced our latest CATA Award winners:



Samantha Scarneo-Miller: CATA Athletic Trainer of the Year, in recognition of her efforts as chair of our YPC committee and helping to organize the CATA and KSI joint summit held back in January. This event created a framework for greater communication among the groups dedicated to protecting high school athletes and developed plans to help prevent heat illness and improve readiness in the case of significant injuries.

Erik Lanese: CATA Don Bagnall Secondary School Athletic Trainer of the Year for his efforts at Holy Cross High School.



Jordan Napolitano: CATA President's Award. His rapid and effective response to the cardiac arrest of a basketball official during a game at Stamford High School saved that official's life.

The CATA initiated two bills with the support of Rep. Nicole Klarides-Ditria, ATC (EAPs and heat illness); however, were stymied as the virus closed down much of state government. Currently, we are working with our lobbyists on the use of telemedicine by ATs to maintain contact with our patients/clients and promoting the concerns of ATs with

the possible reopening of sports in the fall.

We would like to offer our deepest congratulations to our members receiving recognition outside of Connecticut. CATA Hall of Fame member Vicky Graham, the outgoing NATA District One Secretary, earned the NATA Most Distinguished Athletic Trainer Award. Another CATA Hall of Fame member, Mary Cardarelli received the NATA Service Award and was the recipient of the EATA Henry Schein Award. CATA President-Elect Stephen Straub received the NATA Service Award and Lindsay DiStefano of UConn was selected an NATA Fellow.

As I complete my eight years of service on the CATA Executive Council, I want to recognize and thank Perry Siegel, the new CATA President, who has been a strong force for athletic training in CT. The CATA Executive Council is mostly intact for the next two-year term, placing the CATA in excellent hands: Stephen Straub, Dan Smith, Amanda Strong, Catie Dann, Heather Feiner and Marc Aceto all return, and I would like to welcome Christina Martinelli to the board as its newest member. A special shout out to Treasurer Catie Dann who has quietly been redoing the financial structure of the association under the guidance of CATA member and NATA District One Treasurer Julie Alexander. CATA Committee chairs Eleni Diakogeorgiou (GAC), Jessica Testani (SSC), Samm Scarneo-Miller (YPC), Chris Schneider (PRC), Rebecca Petersen (COPA) Brenn Bolding (Social media) have all contributed to our membership and are deserving of appreciation.

I would like to extend my gratitude to the great group at KSI and the CIAC for their willingness to work with us as we address the needs of Connecticut's high school athletes. Finally, I would like to thank all of the CATA membership for their support of our association. To all of you, I offer my deepest wishes for a healthy return to athletic training and normalcy in your lives.

2020 CATA Scholarship Winners

Lauren Triglione (QU) (left below)
NATA District One Cathy Horne Scholarship
Gyujin Kim (UConn)
CATA Kathy Pirog Scholarship
Amanda Kuczo (UConn) (center below)
Penny Dunker-Polek Scholarship
Kate Duffy (QU) (right below)
CATA Carl Krein Scholarship
Eden Montgomery (QU)
CATA Select Physical Therapy Scholarship
Meaghan Kelley (SCSU)
Elite Sports Medicine/CCMC Scholarship.





President

John Ryan, EdD, LAT, ATC

While COVID 19 has ground to a halt schools and athletics at all levels, the MATA Executive Board and its members have remained busy, albeit in a non-traditional manner. Those involved in our four Athletic Training Education Programs continued to inspire and teach using a variety of technological platforms. Many of our colleagues were pressed onto the frontlines working alongside doctors and nurses to conduct health screenings. Others have actively been engaged in reaching out to their athletes providing them with strength and conditioning programs, rehab programs and wellness checks. Members have also been involved as members of the Maine Principals Association Sports Medicine Advisory Committee and the Maine Interscholastic Athletic Administrators Association's Pandemic Project, working collaboratively with school leaders and others on recommendations for a healthy and safe return of athletics. This has also been a time for many to review/revise their policies and procedures manuals, EAPs, and work on PASS. It has also provided an opportunity for us to spend more time with family and complete a long to do list, which would no doubt have gotten longer were it not for COVID-19.

Sadly, the MATA Executive Board made the difficult decision to postpone our annual MATA Spring Business Meeting and Honors and Awards Luncheon. Those who were to be honored will be recognized in November at our fall meeting. They are: Neil Carroll (**Bill Cox Service Award**); Tom Murray Jr., MD and Kristin Davis (**MATA Service Award**); Dan Waterman (**Mike Linkovich Graduate/Post-graduate Grant**); Stephanie Devine, UNE (**District One NHATA Carl Nelson Scholarship**); and Brianna Genthner, UMAINE (**Wes Jordan Scholarship**).

Finally, on May 12, MATA President, John Ryan, hosted through Google Hangout, the first of what will be many MATA Strategic Planning sessions. 24 members devoted time to beginning the discussion on the future direction of the MATA. At the end of this first session, a blueprint for moving forward was developed and the search for a Facilitator to better focus the group on its mission will begin.

NATA's Safe Sports School First Team Award

We are very proud to recognize the following secondary schools as first time recipients of the NATA's Safe Sports School First Team Award: Bridgton Academy Cody Marean), Edward Little (Sarah Poirier), Gorham (Natalie Hunt), Hebron Academy (Kevin Vining), Lewiston (Anna Mckeown, AT), and Oxford Hills Comprehensive HS (Jillian Burrill). Gray-New Gloucester (Mary Kirschner) was recognized as a Second Team NATA Safe Sports School Award recipient. Both Deering (Greg Tosi) and South Portland (John Ryan) were recognized with their second NATA Safe Sports School First Team Awards. Congratulations to everyone!

MATA Service Award Winner
Dan Waterman



Wes Jordan Scholarship
Brianna Genthner



MATA Service Award Winner
Tom Murray, Jr.





President

Sandy Snow, MS, N.H.LAT, ATC

We hope this finds everyone safe and healthy!

The NHATA has been busy the first half of 2020. We continue to hold monthly Officer meetings that are open to NHATA members.

We are currently working on our Bylaws, Policies and Procedures, and continuing education events while striving to maintain a social media presence to keep the members abreast of current news and events.

An important announcement to report is that after over a year’s worth of collecting and documenting information to file for 501c6 reinstatement, the NHATA received retroactive reinstatement and is officially a 501c6 nonprofit organization. This designation will allow the NHATA to apply for NATA grants and continue with important lobbying activities.

We applied for a NATA State Association Advisory Committee (SAAC) grant earlier this spring. We plan to host a NHATA Joint Committee Meeting/Retreat this fall or winter for professional collaboration and strategic planning purposes. Receiving this grant will support this initiative as well as the forward progress of the Association to better serve the members.

COVID-19: We have been advocating for the use of athletic trainers in NH as part of the COVID-19 response. Our members are now conducting COVID-19 screenings at several NH businesses. Cliff Chulada and I are also serving on a task force with the NH Athletic Directors Association to identify questions and concerns regarding the return of secondary school athletics, and to share information with school administrators and the NHIAA.

We also have a COVID-19 tab on our webpage (www.nhata.org) that includes resources relating to the pandemic. We recognize this pandemic has been difficult for our members and encourage you to reach out to stay connected. We are here for you!

Student Symposium: We hoped to celebrate Keene State College in their final year hosting the Student Symposium, but the event was cancelled due to the pandemic. [Click Here](#) to check out AT student presentations. Our student scholarship recipients this year include **Maxwell Judge** (Colby-Sawyer College), who received the District One NHATA Daniel R. Sedory Scholarship. **Jesse Corriveau** (Colby-Sawyer) and **Olivia York** (UNH) (both pictured below) received NHATA Student Scholarships. Congratulations!



Legislative Activity: Prior to the Governor’s Stay at Home Order in March, NHATA President Elect Christine Reyes and I testified on NH Senate Bill 584, AN ACT relative to policies for students with head injuries, and NH House Bill 1491, AN ACT relative to allied health professional temporary licensure. Both Bills are placed on hold. We continue to work closely with our Lobbyist and receive frequent updates regarding Emergency Orders from the Governor, legislative updates, and any legislative issues that may be of interest to our members.

Continuing Education: NHATA Officers voted to postpone the Northern New England Athletic Training Conference to *June 18-20, 2021*, in Manchester, NH. We are organizing a virtual CEU event for June and planning the 2020 NHATA State Meeting and Clinical Symposium for this fall. More information will be forthcoming. We look forward to continuing to serve on your behalf and hope you can make the upcoming CEU event! Please let us know how we can help.





President

Jeff Nadeau, MS, ATC

Since January, the RIATA has been active in pursuing several activities and events to benefit the athletic trainers of our little state. First and foremost, the RIATA has partnered with the RI Brain Injury Association to promote brain injury awareness utilizing the REAP program. REAP is a program that can be used by teachers, administrators, and parents in the secondary school settings to learn about concussions, including the return to play and return to learn protocols.

Legislatively, we were active before the shelter in place order. The RIATA was planning to have an informational "Hit the Hill" day in March, but this event had to be canceled. We are hopeful of holding an event during the legislative cycle of 2021. Similarly, Shawn Petrucci was able to testify on behalf of the RIATA in front of the Senate in support of Senate Bill 2034. Shawn stated that he felt the session went well as he was able to garner testimonies from ADs, parents, and student-athletes. He was also able to answer specific questions regarding the profession and how we help the athletes who participate in the RIIL. We are still awaiting the results, but we are hesitant and assume the bill will be pushed to committee due to the climate. The association was prepared for this session and will continue to push onward. On a different note, the RIATA has been working with PT clinic directors, owners, and RIATA HOFer Paul Ullucci to pursue third-party reimbursement. There have been productive discussions between each group during the downtime, we are looking to pursue it further, so stay tuned!

Finally, March 19 was supposed to be the day we were to host our annual meeting at Rhode Island College, and we had a strong program planned for the members. Unfortunately, due to the pandemic, our plans had to change. Gratefully, we have been able to hold the program online over four different sessions. We offered this program for free and asked people who attend to donate to charities designated by the presenter. The RIATA also was able to offer CEUs to the larger AT community as well and had ATs as far away as Gonzaga and Auburn! A huge thank you goes out to Kristina Keddie and the Executive Council for their diligence in securing presenters, working with members and non-members, and putting together a great overall program. This year the RIATA is presenting three awards to some well-deserving individuals.

RIATA Award Winners



The Frank Murgo Service Award is being presented to Dr. Jim Maher of University Orthopedics.



The Kathleen Laquale Scholarship is going to Jake Lima from Bridgewater State University.



This year's RIATA Hall of Fame inductee is Joyce Freeman from Moses Brown.

As always, if you have any questions, comments, or questions. Please do not hesitate to reach out.



President

Timothy W. Tourville, PhD, ATC, CSCS

All things considered; this past year has somewhat “quiet” compared to previous years for the VAAT. The association and executive committee have continued to work diligently behind the scenes to create a professional atmosphere in Vermont that

is exceptionally progressive and “pro-AT” from a legislative front, while continuing to increase public awareness of our profession and the amazing work ATs provide to Vermont residents as exceptional health care practitioners, educators, and researchers.

Our current Executive Committee consists of myself, as well as Greg Jancaitis DAT, ATC, CSCS (President-Elect), Kit Vreeland, EdD, ATC (Treasurer), Lisa Hardy, MS, ATC (Secretary), and Vin Faraci, MS, ATC (Member-at-Large).

Legislative activities: After significant discussion and deliberation between the VAAT Executive Committee, GAC, Lobbyist, and the Vermont Office of Professional Regulation, it was decided that the most prudent course of action would be a 1-year hiatus of legislative activities to allow all stakeholders adequate time to process and adequately implement changes involving our autonomous practice under H.104 (which was signed into law on May 23rd, 2019).

Student Symposium: The 4th Annual Vermont AT Student Education Symposium was held at the University of Vermont in February and included students, faculty, and clinical preceptors from each of our three AT programs at Castleton University, Norwich University and the University of Vermont. We felt this program was a great success overall, and look forward to the 5th annual symposium, to be held at Castleton University this coming year. (See pictures right)

Athletic Training Month: The VAAT and our student educational programs had great plans for Athletic Training Month in March. These activities included fundraising and participation in philanthropic events to support charities aligned with the mission and values of the VAAT. Unfortunately, the COVID-19 pandemic created a situation where all of our events needed to be cancelled. However, we look forward to another successful year supporting a number of charities such as Vermont Adaptive Ski and Sport Association, VT Wounded Veterans, the VT Children’s Hospital at the UVM Medical Center, and a number of other groups and organizations while promoting the profession of Athletic Training through fundraising and community outreach activities in the years to come.

Student Scholarship Recipients: The VAAT Scholarship Committee has awarded the 2020 District One Eduardo “Chico” Hernandez Scholarship to **Brian Powell** (University of Vermont), and the John Feenick Scholarship to **Zach Royer** (Castleton University). Congratulations to both recipients, both are extremely well deserved.



Barring any unforeseen circumstances, this narrative will serve as my final one as VAAT President, and I will continue with the Executive Committee for the next two years as Immediate Past-President, while **Greg Jancaitis DAT, ATC, CSCS**, pictured left, takes the reins as VAAT President.

Thank you to everyone for your support and efforts with the VAAT over the past year, we greatly appreciate it all and will continue to make Vermont one of the most progressive states for ATs in the nation.





Council on Practice Advancement

Jennifer Tirillo, MS, ATC, CSCS
District One Chair

This year continues to be a productive year for the Council on Practice Advancement (COPA), as committees have crafted numerous resources in response to COVID-19. You can find these statements [HERE](#). We hope you enjoyed the NATM 2020 initiative, featuring on our social media athletic trainers working in all the settings listed. During the month of March, COPA social media released a podcast series and the latest episode launched on June 3. Give it a listen [HERE](#) as episodes expire after 90 days.

Are you an AT looking for more information on various practice settings? As a reminder, the Council now consists of 10 committees and you can email us at COPACommunications@gmail.com:

- Physician Practice
- Performing Arts
- Health Care Administration
- Occupational
- Armed Forces
- Public Safety
- Rehabilitation Clinic
- Community Outreach
- Private and Emerging Setting
- Analytics and Outcomes

Get connected!

- Receive the quarterly e-blasts for the Emerging Settings – subscribe [HERE](#)
- Follow us on Twitter [@NATA_COPA](https://twitter.com/NATA_COPA)
- Like our page on Facebook [@NATACOPA](https://www.facebook.com/NATACOPA)
- We're now in Instagram [@natacopa](https://www.instagram.com/natacopa)

SAVE THE DATE!

October 25, 2020
ATOM YPC/Student Symposium

November 13, 2020
MATA Meeting, UNE Campus



EDAC Update

Rebecca Ramirez-McKinley, DAT, LAT, ATC
District One Chair

The last few months of events have been difficult for us all. Systematic racism, racial injustice, xenophobia and the continued disparities in health care have had the spotlight shined on them. More people are speaking out than ever demanding change. As I sit here and write this, reflecting on the last few months, I have a gambit of emotions including anger, sadness, and most importantly hope. Hope that we as athletic trainers can continue to come together to fight these injustices both within and outside of our profession. I have always taken pride in the athletic training profession and how we provide quality healthcare to our patients, no matter their background, socioeconomic status or the color of their skin. This is a community of action, and it is through that action that we can continue to make change. EDAC has and will continue to work hard to identify and address issues relevant to ethnically diverse populations.

I have had many people ask me what they can do and where they can go for resources. First, I encourage you to visit the [diversity page](#) on the NATA website. Second, join the [NATA Ethnic Diversity Advisory](#) Facebook page. In addition to these two pages, the NATA has a [cultural competency page](#), which has great resources if you don't know where to start. Lastly, reach out to your friends, family, co-workers, committee members, state and district leadership and check-in with them.

As EDAC processes the events of the last few months, we will be putting together programming in the coming weeks. We will still have our town hall (keep an eye on the NATA and EDAC social media for those dates) which will be virtual and is open to everyone. Additionally, our session will take place at the Virtual NATA convention. On Tuesday June 9, EDAC will be taking over the NATA Twitter account. Within our district, and with the support of Director Diane Sartanowicz, I have reached out to our state presidents to help with establishing a District One EDAC. I cannot thank Director Sartanowicz enough for her support in helping to get this initiative started. I would like to thank those who have reached out to check in and see what they can do. We must continue to act not only now, but in the future to combat racial injustice. Stay safe, be well, and never forget to say their names.



#BLACKLIVESMATTER



NATA GAC Update

Jim Murdock, MEd, ATC
District One Chair

The NATA GAC recently announced the 2020 GAC awards winners. This year's organizational and individual honorees include:

- **Bob Colandreo (D1/Mass.):** William T. Griffin Award for Outstanding Leadership in Legislative Advocacy (pictured right)
- Adam Brown of Maryland (District Three) Impact Advocacy Award
- Kentucky Athletic Trainers' Association and Maryland and Athletic Trainers Association: Daniel L. Campbell Legislative Award Class I
- Idaho Athletic Trainers' Association: Daniel L. Campbell Legislative Award Class II



NATA GAC Legislative Grants

We are coming to the end of the 2019-2020 legislative grant cycle. District One state Governmental Affairs Committees received over \$40,000 in NATA legislative grant funds to support state legislative efforts. I encourage states to utilize these resources to assist in their legislative efforts.

Applications for 2020- 2021 discretionary grants are due between July 1 - 31, 2020.

Matching grant applications are due between Aug. 1 -31, 2020. [Contact me here](#) for more information regarding NATA legislative grants and the application process, and check out the website [HERE](#).

With the significant changes we have all been going through and affected by, the GAC has spent a considerable amount of time and effort helping states reexamine their licensure and practice acts to assist in updating and strengthening them for the new realities we will be facing in healthcare. Topics such as telehealth and getting athletic trainers recognized as appropriate health care providers in care for COVID-19 have been paramount. Each state also received an updated State Fact Sheet with information to be used in discussions with legislators. Information relayed pertained to basic talking points about ATs, quick facts about each state's AT numbers, educational programs and Safe Sports School Awards. Also included were CDC statistics on medical conditions evaluated by ATs. Please become engaged in your states' legislative process and be a part in moving our profession forward!



ICSM Update

Robert L. Howard, MA, ATC
District One Chair

We hope everyone is safe and well as we all navigate the winding path COVID-19 has put us on.

As an advocate for collegiate student-athletes and athletic trainers, the Intercollegiate Council for Sports Medicine works to create resources for collegiate athletic trainers. In an effort to help prepare for and manage the transition back to college athletics, the [ICSM Return to Campus Packet](#) provides resources to assist with preparation and implementation strategies for a safe return to campus and athletic activity following the COVID-19 pandemic. Each institution can personalize the content of this plan to incorporate campus-specific policies and resources. The ICSM recently held a panel discussion reviewing the document, and the video is available to view [HERE](#).

As the landscape of college athletics has changed and will continue to evolve, ICSM will strive to bring relevant information to the membership. If there is any issue or concern you feel strongly about, please reach out to one of your District One representatives: Brant Berkstresser from Harvard, Jennifer Brodeur from UMass, Rick Burr from Babson, or myself, Bob Howard from UConn. Please stay safe, strong and ever resilient.



SSATC Report

Valerie Webber, MS, ATC
District One Chair

The NATA Secondary School Athletic Trainers' Committee (SSATC) has continued its work advocating for both student-athletes and secondary school athletic trainers. In the past year, we rolled out the [Program Assessment for Safety in Sport](#) (PASS) program as well as a [Wellness Screening Guidelines](#) for the SSAT. In the past, we have asked our SSATs to complete the NATA/KSI [ATLAS Survey](#). This year, the survey is offline from June 1 - August 1. If you have not completed the survey this past year, please complete it after August 1. The SSATC has also been working diligently to roll out guidelines for [COVID-19 Return to Sports Considerations](#) and [Telehealth Guidelines for the SSAT](#) for the SSAT.

The [SSATC has three awards](#) presented annually at the national convention. Nominations are accepted from August 1-September 15. If you know a deserving SSAT, please consider nominating them this year.

The [Secondary School Resource](#) page has many other great resources for SSATs. It is an honor to represent all the SSATs of District One. I appreciate you and thank you all for keeping our student-athletes safe.



Young Professionals Committee

Dominique Ross, PhD, ATC
District One Chair
Hello YPs!

Recently, the YPC has started to look ahead by planning our events for the 2021 NATA Convention in Orlando. The thoughts of bringing athletic trainers together again to celebrate, learn and connect has infused excitement back into our meetings. In addition, the YPC and SLC workgroup is maintaining our ongoing efforts to examine our committee structures and provide a recommendation to the NATA Board of Directors. We appreciate everyone who completed a survey and provided input throughout this process. Be sure to reach out to your state representatives regarding local initiatives throughout New England!



LGBTQ+ AC

Jennifer Sturtevant, MBA, LAT, ATC
District One Chair

Happy Pride! I hope everyone has been able to stay well through these turbulent times. June is Pride month and we on the NATA LGBTQ+ Advisory Committee (LGBTQ+ AC) continue to fulfill our mission to advocate for an environment of inclusion, respect, equity and appreciation of differences in both Athletic Trainers and their diverse patient populations.

Please follow us on Twitter @LGBTQNATA as we have lots of information going out this month including LGBTQ+ history, advocacy challenges, and sharing resources. Also check out this month's NATA News for our articles related to patient care: "Documentation Considerations for the LGBTQ+ Community" and "The Impact of Healthcare Discrimination on the LGBTQ+ Population".

We are also trying to increase subscribership to our quarterly newsletter. We have challenged ourselves as district representatives to increase engagement. Let's see if District One can represent! This is the link to our professional interest page on the NATA website where you can subscribe [HERE](#). This will also ensure that you receive updates and information on a consistent basis and can keep up to date on everything we are offering! If you would like to find out more information or are interested in having a speaker, please contact me at jsturtevant@melrosewakefield.org.

Most importantly, challenging times like these can be a really difficult time for a lot of people, but especially the LGBTQ+ population. Be kind, respectful and supportive of those around you! I hope everyone is able to stay healthy and safe and hope to see some of you at VNATA.



ATs Care

Laura Darby McNally, LAT, ATC
District One Chair

ATs Care is here to support ATs during COVID-19

A critical incident impacts each of us in different ways. If you or a colleague are in need of assistance navigating a challenging situation, whether it be personal or professionally related, we ask that you seek assistance and consider contacting ATs Care.

- [Email ATs Care](#)
- [Online Contact Form](#)
- The National Suicide Prevention Hotline: 800.273.8255
- Text "HOME" to 741741 anytime in the U.S. and connect to a crisis counselor
- International Critical Incident Stress Foundation Emergency Hotline: 410-313-2473
- [Critical Incident Stress Management Handout](#) (pdf)
- [Post-Event Self Care Guidelines](#) (pdf)
- [Mental Health Card](#) (pdf)



History & Archives

Jeff Stone, MEd, LAT, ATC
District One Chair
Member-NATA Historical Commission

Greetings and Best of Health from the Quarantine Bunker at Stone Manor...

I post this message of good health and improved culinary skills to you all...

Presently, I am preparing a second delivery of archival material to Bridgewater State University, which will be the repository of the historical papers of District One, ATOM and the EATA. From my resources, I am going through personal papers and many (!?) boxes of file folders, sorting out info. that I can donate to supplement our historical story.

As all of us, collectively, are staying at home and attempting improvement projects, please keep the History & Archives of our Association in your thoughts as you go through your accumulated wealth of minutiae and souvenirs. Anything from a Cramer Convention pin to an EATA Banquet Program to a copy of an ATOM newsletter is a testimony of our past...before you toss something away- please contact me at jeffstone54@comcast.net or 508-935-5928...thanks!