NOTES | JUNE 2023





Notes from the District Director

As I contemplate my final "Notes from the Director," I want to thank all of you for allowing me the opportunity to be your voice on the NATA Board of Directors. I am grateful for the past five years to serve the best district ever as we are #1 for a reason and it is all of you, the membership. Please continue to read this special addition of the District Notes which has updates from both our State Association Presidents as well as many of our NATA District One Committee Representatives.

I hope you plan to attend the District One Business Meeting on Friday, June 23 from 5:55 – 6:55 pm in the Indianapolis Convention Center (ICC), Room 233 where we will recognize our award and scholarship winners, as well as the outgoing and incoming committee members mentioned below. I am proud of the representation we have in the district and look forward to celebrating with you. There will also be a reception immediately following the business meeting so please stick around and enjoy the time with one another.

This Spring has been busy for our state associations as they hosted various events and meetings for their members. I was fortunate to make my way around New England attending the state meetings and supporting the incredible work being done. I want to take this opportunity to thank Greg Jancaitis as he finished his term as VAAT President as well as Kristina Keddie who completed her term as President of the RIATA. Both have been outstanding leaders and strong voices for their states, and I welcome Lisa Hardy (VT) and Jennifer Gallant (RI) to the District One Executive Council.

I would like to thank the following committee representatives for their service as they finish their terms in June: Rob Huggins (COPE), Jim Murdock (GAC), Jamie Musler (PRAT), Paul Geisler (EducATionalist Cabinet Chair), Mike Ferrara (Hall of Fame Special Consideration) and Tim Weston (SLC Mentor). Welcome to the following members who have been appointed to serve on committees: Heather Dean (EPC), Kelly Griffin-Brown (LGBTQ+AC), Alan Segee (COPE), Tim Tourville (GAC), Matt Mills (PRAT), Wanda Swiger (EducATionalist Cabinet Chair), Frank George (Hall of Fame Special Consideration), Bob Colandreo (SAAC D3 Rep), Christy Eason (SLC Mentor) and Stephanie Singe (Education Journal Editor-in-Chief).

Congratulations to all our NATA honors and award winners as we look forward to celebrating with you in Indy: Paul Ullucci (Hall of Fame), Megan McCaffery Lewis (ATSA), Stephanie Singe (NATA Foundation Volunteer Service Award as well as the ECE Sayers "Bud" Miller Distinguished Educator Award), Laura McNally (SSATC Servant's Heart Award), Sandy Snow (SAAC Emerging Leader Award) and please join me in wishing our 2023 Quiz Bowl team good luck at the NATA convention. We hope they can bring the Eve Becker-Doyle Trophy to New England!

In closing, I want to thank and acknowledge Jennifer Brodeur, Sandy Snow, Julie Alexander, and Vicky Graham as the BEST District Officer team any NATA Director could wish for. You have been incredible leaders, mentors, and colleagues of mine throughout this journey but most of all thank you for the lasting friendships we have created along the way.

"I would like to be remembered as someone who used whatever talent she had to do her work to the very best of her ability." -Ruth Bader Ginsburg

I look forward to seeing everyone in Indianapolis.

Diane

Diane Sartanowicz, MS, LAT, ATC



From the District Secretary
Jennifer Brodeur, MS, LAT, ATC

Happy Summer! Our membership in District One remains strong and we thank you. We are most appreciative of those of you who support the NATA and District 1 and look forward to continuing to represent you and your thoughts to the NATA Board.

We can't wait to see you in Indianapolis and hope you can be part of the District 1 Business Meeting on June 23 from 5:55-6:55pm in the Indianapolis Convention Center. Please join us

as we update you on the current happenings in the District, celebrate our scholarship and award winners and toast Director Sartanowicz's service at a reception immediately following the meeting. I've highlighted some exciting events to put on your schedule below...

Wednesday June 21

Committee Day

Welcome Reception 6:00 - 7:00pm

Thursday June 22

Welcome/Keynote Speaker 8:40 - 9:25am Hall of Fame Induction Ceremony 12:15 - 1:15pm

Friday June 23

Quiz Bowl 4:30 - 5:30pm District Meetings 5:55 - 6:55pm

D1 Reception honoring Immediately following District Meeting Director Sartanowicz

DISTRICT AT A GLANCE

Member Counts Matrix											
	Member Type	СТ	MA	ME	NH	RI	VT	Total			
Member	Associate	14	22	4	7	2	6	55			
	Certified Professional	357	721	186	192	115	123	1694			
	Certified Retired	25	59	18	14	7	7	130			
	Certified Student	35	34	7	7	4	4	91			
	Honorary	0	4	1	1	1	0	7			
	Licensed Professional	2	0	0	0	0	0	2			
	Student	35	64	20	27	4	10	160			
Non- Member	Lapsed	90	165	36	49	13	14	367			
	Total	558	1069	272	297	146	164	2506			

By Gender

	Member Type	Female	Man	Non- binary/third gender	Prefer not to say	Woman	Total
Member	Associate	1	23	0	0	31	55
	Certified Professional	0	688	1	5	1000	1694
	Certified Retired	0	78	1	0	51	130
	Certified Student	0	27	0	0	64	91
	Honorary	0	6	0	1	0	7
	Licensed Professional	0	2	0	0	0	2
	Student	0	54	1	0	105	160
Non- Member	Lapsed	0	141	0	0	226	367
	Total	1	1019	3	6	1477	2506



From the District Treasurer Sandy Snow, MS, NHLAT, ATC

We hope this update finds everyone healthy and enjoying the warmer weather. NATA District One officers continue to collaborate with our financial advisor regularly. Our financial advisor evaluates our financial strategy with regards to the current market and intermittent market volatility. Our financial strategy continues to align with the mission of NATA District One.

District One sponsored more exciting Professional and Student member initiatives this spring. Several District One Professional members participated in an ATs Care workshop in early April and received critical crisis management training as part of the peer-to-peer support program. Student members attended the District One student leadership conference in late April and gained valuable applicable leadership skills to support their transition to practice.

District One still has Safe Sports School Award Grants available for first-time applicants AND renewing applicants for the remainder of this cycle. Please reach out to the NATA District One Secondary School Chair with questions.

Please contact me directly if you have any questions or concerns. I look forward to providing a detailed financial report at our business meeting during the 74th NATA Clinical Symposia & AT Expo. We hope to see you there!

D1 Meeting & Reception @ NATA

Friday, June 23rd | 5:55 - 6:55 PM ICC Room 233

Please join us for drinks & heavy hors d'oeuvres, immediately following the District One meeting. The D1 Reception is in recognition of outgoing Director Diane Sartanowicz, 2023 NATA HOF inductee Paul Ullucci, and our 2023 District One award recipients! Stay & mingle!

Congratulations to our Award Winners!

Paul Ullucci Hall of Fame



Meghan McCaffrey Lewis Athletic Trainer Service Award



Laura McNally SSATC Servant's Heart Award



Stephanie Singe
NATA Foundation Volunteer Service Award and
ECE Sayers "Bud" Miller Distinguished Educator Award



Sandy SnowSAAC Emerging Leader Award



Call for Nominations

The District One Nominations and Elections Committee will issue a Call for Nominations for District One Secretary at the Business Meeting in Indianapolis.

The term of the Secretary position is 2 years, once renewable. All interested members are asked to submit their interest to Kathy Thornton, D1 Nominations and Elections Chair at: d1nominations@gmail.com



Notes from the NATA

- The 2023 NATA Foundation Silent Auction is open now. Participate in the virtual event and bid on items before it closes 12 p.m.CST June 30 READ MORE
- If you are coordinating an alumni party during NATA 2022, fill out our Alumni Party Info form, and we'll post it on the convention website. New submissions are added weekly. READ MORE
- All information for special events such as Face Time '23, NATA District Meetings, General Session, Hall
 of Fame Induction Ceremony and Town Hall Meetings has been uploaded to the convention website.
 READ MORE
- Do you have a question for NATA leadership? Get it answered during Face Time '23 Friday June 23 10:15-11:15am. Submit your questions now! READ MORE
- Watch your peers present research and clinical case studies in these short lectures, and view posters
 digitally in the NATA 2022 On-Demand platform through the Free Communications Program. View the
 program and schedule on the convention website. READ MORE
- The full schedule for NATA 2023 is available on the convention website. READ MORE
- June NATA News features national, committee and NATA Foundation award recipients. READ MORE
- The NATA AT Expo is the world's largest showcase of products and services for the athletic training profession. The AT Expo floorplan is available now! READ MORE
- New NATA 2023 speaker videos have been added to the convention website. Get to know the speakers and plan your educational experience beforehand! READ MORE
- The most up to date health & safety protocols for the in-person convention can be found on the convention website. READ MORE

Keep In Touch!



Director
Diane Sartanowicz



Secretary
Jennifer Brodeur



Director-Elect Vicky Graham



Treasurer Sandy Snow

Foundation Scholarship Winners



Tyler Gardiner '23 (pictured left) EATA Frank George Scholarship NATA Districts 1&2, EATA University of Southern Maine







Kaylie Langer (pictured left)
D1 Rebecca Payne Scholarship
NATA District 1
Springfield College







Nöel Riley (pictured left) Richard E. Vandervoort Memorial Scholarship The Richard E. Vandervoort Foundation Merrimack College





President
Jennifer Concannon DAT, LAT, ATC

The Athletic Trainers of Massachusetts (ATOM) has had an eventful few months onboarding new leadership positions, reorganizing our affiliated committees, creating educational and membership

experiences, kickstarting our new legislative cycle and exploring ways to maintain financial health.

Will Desjardins, has been voted in as our new President Elect. Will holds a supervisory role through Mass General Brigham and has been instrumental in creating affiliations between secondary schools and athletic training services. Marissa Vane Penta has been elected to the Membership Representative role and in her short time on the executive council has been exploring ways to revitalize the role and create new membership engagement opportunities via social media.

ATOM's Secondary Schools committee has also seen a change in leadership with Kristen Sasonoff Aguiar taking over as committee chair. Other members of her committee include Walter Hildrebrand, Russell Bruce, Melanie Bachteler, Michelle Pavlu, Kelly Melville, Michelle Kelly and Michael Ruzycky. Additionally, the Young Professionals committee is now led by co chairs Anna Orfanidis and Amanda Rodrigues with committee members including Zac Kershaw, Jephte Soulouque, Gillian Long and Jen Holman. Finally, Sarah Giasullo has joined as a committee member for Continuing Education.

ATOM has hosted two free membership inservices focused on Shockwave Therapy sponsored by Chattanogga and the Evidence Behind Taping Products sponsored by Milliken. The organization also hosted its annual Spring Symposium and Business Meeting at Springfield College with an emphasis on clinical application and mental health considerations.

In May, ATOM partnered with the Korey Stringer Institute and hosted a Team Up For Sport Safety meeting. Several key stakeholders involved in policy changes such as athletic directors, members of the Board of Allied Health, physicians, members of the Massachusetts State Nursing Association, EMS representatives as well as athletic trainers met to collaborate on areas regarding sport safety. Topics such as standardization of pre-participation physical examinations, the value of the athletic trainer, EMS coordination and cool first, transport second as well as the importance of the athletic trainer and school nurse collaboration in emergency response planning highlighted the meeting. There were phenomenal conversations and strategic action plans that were taken away from this meeting for all stakeholders to continue to work towards.

As the new legislative cycle has started, ATOM has re-filed three bills. The bills An Act Relative to Athletic Training and An Act Relative to Student Safety in Interscholastic Athletic Activities are in Joint Committee of Public Health with anticipated fall 2023 hearings. The bill An Act Promoting Consumer Choice in Healthcare is currently in the Joint Committee on Financial Services and is expected to have a hearing before summer break.

The financial stability of the organization continues to be a priority for the executive council. The council has met with members of investment firms and a financial advisor who specializes in non-profit organizations to restructure our budget and explore stock market options. Additionally, the executive council has looked into other revenue generating opportunities. It has been stated that financial health to earmark funds for educational scholarships continues to be a top priority for the organization. ATOM hosted its first ever fundraiser during the EATA convention in January and will continue to explore fundraising opportunities to meet the goals we set forth. The organization hopes to host several "golf experiences" throughout the state this summer to support fundraising efforts.

ATOM Scholarship and Award Winners

- ATOM College Scholarship: Mackinzie Edwards, Merrimack College
- District 1 Charles Redmond Scholarship: Paige Butler, Springfield College
- Brian Fitzgerald Public Service Award: Bob Colandreo, Bridgewater State College
- ATOM Rising Leader Award: Brett Winston, Springfield College
- ATOM Hall of Fame: Sue Guyer, Springfield College
- ATOM Athletic Trainer of the Year: Jepthe Soulouque, Catholic Memorial High School
- Collins High School Grant: Gillian Long, Catholic Memorial High School

EATA Convention 2023 Scholarship and Award Winners

Pictured L to R: Brett Winston, Sue Guyer,
Jepthe Soulouque, Bob Colandreo, Gillian Long,
Paige Butler, Mackinzie Edwards,
and ATOM President, Jennifer Concannon



Free Membership Inservice on Shockwave Therapy



ATOM Past, Present and Future Presidents at the TUFSS meeting

Pictured L to R: Will DesJardins, Diane Sartanowicz, Brett Winston, Jenn Concannon, Bob Colandreo, Kathy Thornton, Mel Martin, Jamie Musler



ATOM Annual Conference

at Springfield College with a group based workshop on Mental Health Best Practices for Student Athletes led by Abbey Wirtz and Sarah Giasullo







President Stephen Straub, PhD, MBA, ATC

At the CATA annual symposium the following awards were presented:

CATA Hall of Fame Mark Aceto

CATA Athletic Trainer of the Year Sara MacDonough-Civetello

Don Bagnell SSATY Adam Romano

President's Award Rachel Lahey, Tyler McCarthy, Ben St. Martin & Brittney Verge

Scholarship Winners

Penny F. Dunker-Polek Scholarship Anthony Eacuello

Mr. and Mrs. Paul A. Sirop Scholarship Isabella Vatykus Daniel Navarrete

District 1 Cathy Horne ScholarshipBrook Venkitachalam

Select Physical Therapy Scholarship Katarzna Drozdzal Kory Lazar

CATA Kathy Pirog Scholarship Madison Whalen

CATA Carl Krein Scholarship Rudae Gadson

At the general business meeting, the membership voted to restructure the CATA committees. If you have interest in joining one of our restructured committees, please send your contact information to Jessica Testani-Cream. As little as four hours a year can be impactful!

The CATA continues its efforts to make Connecticut a desirable place for athletic trainers to work and live. To this end members of the executive committee have engaged in a Hit the Hill event to connect with state legislatures, attended the CAAD conference (CT athletic directors), met bi-monthly with the CT Medical Societies Medical Aspect of Sport Committee, and met monthly with the CIAC board of control among other activities in the last six months. We will be meeting with the CIAC to discuss updating the language in the CIAC Handbook regarding athletic training coverage at CIAC championship events.

CATA is working with the Kory Stringer Institute to update all secondary schools' athletic trainers in CT. Please check the maps for your school's status. If you have not updated in the last three years, your school will show as not having coverage – please up! This data is critical to our understanding of job and healthcare in CT schools.

CT Atlas Project Map VIEW HERE

Best in health and safety to all through the summer!!





President
Paul Culina, M.Ed., ATC

The Executive Board comprised of President Paul Culina, Vice President Sherrie Weeks, Secretary Chris Rizzo, Treasurer Dan Waterman, and Past President John Ryan has been meeting monthly to work on a number initiatives for the membership.

On Sunday, February 19, a group of MATA members volunteered at the Cross Insurance Arena Concession stand in Portland for a Maine Mariners game. The theme for this game was "Women in Sports," celebrating women who work in sports. All proceeds from this fundraiser went to support scholarships provided by the MATA. It also provided the MATA with an opportunity to improve community relations & educate the general public about our profession. A huge thank you to Heather Dean for setting this up and to all of the volunteers who participated.

NATA Month (March) events:

Members of the MATA were on hand at the state house in Augusta on March 8 for the annual "Hall of Flags" event. This gave the association a chance to meet up with legislators to promote the profession. Thanks to Wayne Lamarre from our GAC for setting this up. Also, throughout the month of March, the MATA participated in a public service initiative organized by Lisa Mims and Amy Curry from our public relations committee by collecting items for "Maine Needs" which is a grassroots organization that helps out a number of Maine residents with basic needs such as clothing and hygiene products.

On March 29, Paul Culina and John Ryan were on hand at the state house to testify on LD1042, "An Act to Update Youth Sports Concussion and Injury Prevention Protocols". We are most concerned with the wording of this proposed legislation, and made recommendations to the committee. For now, this has been tabled, but we will remain abreast of the situation.



Finally, the MATA hosted its annual spring meeting on May 13th in Waterville, ME. Allison Bowe LAT, ATC presented on Atraumatic Joint Swelling in Pediatrics. After the educational session and business meeting, we handed out our annual awards. The Wes Jordan

scholarship was awarded to Katie Gladstone from the University of Southern Maine; the Carl Nelson District 1 scholarship was awarded to Chad Bartlett from the university of southern Maine; the MATA service award was awarded to Pat Healy, DC, MS; the Bill Cox Service award went to Brian Morrison, ATC; and Kristen Bailey, MS, ATC, LAT was inducted into the MATA Hall of Fame (pictured right).



Current MATA Committee Chairs:

- Public Relations Committee Amy Curry
- Committee on Practice Advancement Neil Carroll
- Continuing Education Committee Sherrie Weeks
- Secondary School Committee John Ryan
- MPA Sports Medicine Committee John Ryan
- Social Media Amy Curry/Angie Palonis
- Governmental Affairs / Reimbursement Committee Wayne Lamarre
- LGBTQ+ Advisory Committee to NATA Open
- Honors and Awards Committee Jackie Tourtelotte/Erica Marsters
- Early Professionals/Career Advancement Committee - Heather Dean
- Mentorship Committee Brianna Woodworth





President Len Angelli MS ATC NHLAT

I hope his email finds everyone enjoying the wonderful weather and getting ready to celebrate the summer.

The NHATA continues to move forward as I complete my third year. We now have a full executive committee which has been working hard to help the association move forward. We continue to hold monthly officer meetings on the third Monday of every month which are open to all NHATA members.

Student Symposium: With the elimination of undergraduate AT programs (UNH and Colby Sawyer), we were not able to hold a student symposium. Our only remaining AT program is Plymouth State and we are hopeful that they will be able to offer excellent programming moving forward.

Fundraising: As with any organization, fundraising continues to be a challenge. We have been able to continue our relationship with Southern New Hampshire University Arena where we were able to work 2 events allowing us to earn well over \$3000 dollars. We hope to continue partnering with SNHU in the future in order to continue our fundraising. Christine Leverault and

our golf committee continue preparations for what we hope to be our new and exciting Mini Golf Outing. We had a difficult time getting a golf course this year and with the low numbers over the past few years, we decided to try a new format. Thank you to all who joined us on June 4th!! As we move forward, we are always looking to find new and profitable ways to raise money; if you have any ideas please reach out to a member of the executive board.

Committees: Our EC continues to work hard encouraging our members to participate. However, as with most associations, we still struggle to fill our open committee chair and member positions. We are currently looking for individuals interested in serving as chair of our Ballots and Nominations, Conferences, Diversity Equity and Inclusion (LGBTA+), Governmental Affairs and Social Media committees. We continue to encourage members to volunteer to fill our vacant chair positions and/or to serve on these committees. The rest of our committees continue to move forward. One of my goals for my last year as president is to stive to fill all available positions.

Continuing Education: In June of 2024 NH will host the NNEATC. We are starting preparations and hope to put on an excellent program together.





President Kristina Keddie LAT, ATC, CPT

The Rhode Island Athletic Association is wishing everyone a happy and healthy summer season! I personally would like to say thank you to all of our members of the district for

supporting me during my time as President. Please help

me welcome Jennifer Gallant, MS, LAT, ATC (pictured right) as she steps into her new role as President of RIATA. Jennifer is the athletic trainer at Lincoln School and has been the secondary school co-chair for the RIATA. We are super lucky and excited for Jennifer to continue moving our profession and our community forward.



The RIATA recently held our Annual Spring Conference on May 23rd at Johnson and Wales University. It was Rhode Island's first conference in person since 2019 and it was great seeing everyone in person. The program consisted of a four-part series on concussions and ended the day with a hands on presentation for exertional heat stroke and sudden cardiac death.



Award Winners

RIATA Athletic Trainer of the Year
Joshua King, MS, ATC
(Pictured below left)
Frank Murgo Service Award
Dr. Philip Salko
(Pictured below right)





The RIATA was also able to participate in the Team Up for Sports Safety, with KSI and we are excited to work with other individuals and organizations in our community to improve the safety of student athletes at the secondary school level.

Our governmental affairs team has been hard at work this past legislative session. Facing the many obstacles that come with this territory we were able to strengthen our connections at the state level, and give the RIATA a louder voice. The GAC is excited for what is to come in 2024, and we are striving for positive change in RI for our athletic trainers.



We are excited for another strong year, and appreciate all the support from our members, District 1 and the NATA. See you all soon!





President Lisa Hardy, MS, ATC

We wish everyone a happy summer and hope you find some time to enjoy a little down time to relax.

On June 5 and 6, the Vermont Association of Athletics Trainers, in collaboration with NHATA and MATA, hosted a successful, well-attended Northern New England Athletic Trainers' Conference. A total of 12 CEUs were offered at this event with speakers presenting on a wide variety of topics. A big thank you to Rebekah Peterson, Rebecca Choquette and Matthew

Howland who serve on the Educational Programming Committee for their hard work in organizing this event.

During our state business meeting on June 5, the Executive Committee election results were announced. Ed Wozniakewicz was re-elected for a 2-year term as Secretary, Kit Vreeland was re-elected as Treasurer for a 4-year term, Alison O'Connor Sutherland was elected and will serve a 2-year term as President- Elect. Lisa Hardy assumed the role of President, while Greg Jancaitis will take over the Immediate Past President role. Lisa and Greg will serve in these roles for the next 2 years. Kate Harney has also agreed to serve a 3-year term as the Member-At-Large to round out the Executive Committee. The VAAT wishes to thank Tim Tourville, who completed his term as Immediate Past President, for his 20+ years of serving in different leadership capacities for the organization. We wish him well in his future EATA and NATA leadership roles.

The VAAT has asked to serve on the working group for the Vermont House Bill H.348, which proposed a working group to identify the feasibility to have licensed athletic trainers present at all secondary school athletic events and practices. This bill has been presented to the House Committee of Education.

The VAAT has launched a new Instragram page. Follow us at VermontATs.



ICSM Update
Dan Davies, MEd, ATC, CSCS
District One Chair NCAA D-I At-large

As an advocate for collegiate athletes and athletic trainers, the Intercollegiate Council for Sports Medicine works to create resources for those practicing in this setting.

The ICSM would like to thank all the athletic trainers who have worked extremely hard over the past year continuing to support athletes in an ever-changing collegiate landscape. We would also like to remind you of the numerous resources available from the ICSM. ICSM Resource Page. A few highlighted areas are listed below:

Collegiate Standard of Care Toolkit

The Inter-Association Collegiate Standard of Care Toolkit, expected launch in 2023, is spearheaded by NATA and supported by the American Orthopaedic Society for Sports Medicine, American Medical Society for Sports Medicine and American Academy of Sports Physical Therapy.

The NATA Intercollegiate Council for Sports Medicine 2023 award winners

- Head Athletic Trainer of the Year (Division I): Jeffrey Collins, ATC, CSCS
- Head Athletic Trainer of the Year (Division II):
 Stephen Cage, ATC
- Head Athletic Trainer of the Year (Division III):
 Mark Teeples, LAT, ATC
- Head Athletic Trainer of the Year (NAIA): Lynsey Payne, MS, LAT, ATC
- Head Athletic Trainer of the Year (Two-Year Institution): Denise Marshall, MA, LAT, ATC
- Head Athletic Trainer of the Year (Club/ Intramural/Recreational Sports): Shannan Rowe, DAT, ATC
- Staff Athletic Trainer of the Year: Justine Coliflores, MA, ATC
- Above and Beyond Award: Stephanie Rosehart, MA, SCAT, ATC
- New Horizon Award: Alyssa Vaniman, MS, ATC

Collegiate AT Labor Crisis

Members from the Intercollegiate Council for Sports Medicine and the college/university subgroup of the AT Compensation Task Force collaborated on a project to provide data driven metrics outlining the current collegiate workplace environment with strategies to improve employee engagement. Although the information provided outlines opportunities to identify necessary employment fundamentals, recruitment, retention and advancement of collegiate athletic trainers, the research and information presented within this white paper comes from and is applicable to various collegiate employers.

Watch ICSM Town Hall on Nutrition Models ICSM and Certified Specialists in Sports Dietetics hosted a town hall discussion on nutrition models. It addressed a **consensus statement** that offers a strategic framework for evaluating current nutrition services so staff and administrators alike may choose a structure and service model that is best aligned with the goals of the athletic department in providing student athlete care.

Legal Digest Highlights ICSM Resource

The featured article in the Spring Sports Medicine Legal Digest examines a new resource created by the NATA Intercollegiate Council for Sports Medicine that provides ATs with considerations to review when making decisions related to athlete participation, especially regarding unseen concerns, such as an eating disorder.

As college athletics and the athletic training profession continues to evolve, ICSM will strive to bring relevant information to the membership. If there are any issues or concerns you feel strongly about, please reach out to your District 1 representative: Dan Davies (Bowdoin College) or Brant Berkstresser (Tarleton State University, Executive Chair, NATA Intercollegiate Council for Sports Medicine)

Stay Connected with District One











NATA GAC Update Jim Murdock, MEd, ATC District One Chair

The Governmental Affairs Committee has just completed its first Legislative Action Plans and Legislative After-Action Reports from each state. The goals of this process were to facilitate each

state's Legislative goals and plans, to see where their strengths and weaknesses were and to create an ongoing record of actions. Most states were very compliant, and a few are still trying to get a better handle on the process. The use of this information is to help states create a comprehensive legislative plan. This will also be used by the GAC with evaluating each state's efforts and when available justify awarding of monies to assist with their legislative efforts.

The GAC has continued to assist states in the following areas:

- 1. Legislative educational process and procedures
- 2. Enhanced efforts for obtaining financial resources (fundraising, donor support)
- 3. Educational outreach to existing NATA Governmental Affairs resources (data information, software programs and other outreach collaboration)
- 4. Educational resources to enhance advocacy and informational outreach.
- 5. A concerted effort and plan to re-evaluate the function and goals of the NATA GAC. A couple of states (Maine for one) have taken advantage of Legislative Boot Camps which are structured to their individual state and legislative needs.

The GAC is committed to support states in their legislative efforts and ways to advance and protect the Athletic Training professional.

Finally, this is the end of my time on the GAC and would like to Thank Diane and the D1 states for allowing me the opportunity to serve. Tim Tourville will be stepping into my seat and I know you will be in good hands.



ATs Care Laura Darby McNally, LAT, ATC District One Chair

ATs Care has been busy this spring, and please know that if you or a colleague is in need of support to please reach out via email or

through the website for assistance.

April had a number of new Assisting Individuals in Crisis (AIC) trained ATs and we are in the process of getting those interested in serving on the District Team more information. If you are interested in becoming trained; whether you join a team, or just for these valuable skills, keep an eye out for some fall class dates, as NATA slots are already filled.

If you have been certified by ICISF for AIC or Group, we will be hosting a refresher course at EATA, I know it is a long way off, but never too soon to plan!

Remember ATs Care is there for more than just catastrophic events, we assist those dealing with many areas affecting AT lives and work. ATs Care is a member resource and one to be used as many times and by everyone who needs some extra support, so reach out.





Professional Education Committee Sue Guyer, ATC

Live Master Preceptor Event MORE HERE November 3, 2023

9 a.m. to 4:30 p.m. CEUS: 5.5

NATA National Office – 1620 Valwood Pkwy, Suite 115, Carrollton, TX 75006

Regional Workshop: Master Preceptor III Objectives

- 1. Develop strategies for conflict resolution and crucial conversations.
 - Recognize need for intervention
 - Implement appropriate intervention strategies
 - Identify effective communication strategies
 - Design an action plan to assist students in navigating conflict
- 2. Develop standardized patient and simulation experiences
- 3. Assess effectiveness of simulation experience
- 4. Collaborate with other preceptors
 - Develop relationships with other preceptors for professional collaboration, discussing job expectations, personal goals, and priorities, and discuss leadership styles and theories related to precepting.

AT Teaching Tips

Developed by the NATA Professional Education Committee

Goal: To recognize and share innovative teaching and learning ideas by academic professionals in the field of athletic training through the distribution of pedagogical tips that can be used to enhance the teaching, learning, and assessment environment.

NATA Immersion Experience Host Submission

The NATA Immersion Experience Program connects non-certified student members with exclusive, unique opportunities to further their AT experience and growth in clinical skills. This new member benefit also benefits the Professional Member who hosts immersion experiences, opening their ability to connect to a larger candidate pool.



Student Leadership Committee Katie Duffy, ATC

The Student Leadership Committee will be meeting Sunday meeting for our annual Full Committee Day this Sunday, June 12th from 1-7pm. The Planning Subcommittee has been

working hard in preparation for the ATSS portion of Convention, which will include a keynote speaker, four breakout speakers (presented twice through), and a career panel. A detailed schedule could be found on the 73rd NATA Clinical Symposia & AT Expo page of the NATA website. The Nominations Subcommittee was happy to select the winners of the Chuck Kimmel First-Time Attendee Award; recipients have received compensation for their Convention attendance. For more information on student opportunities at Convention, be sure to check out @NATAslc on Instagram and Twitter!



LGBTQ+ AC Kelly Griffin-Brown, MS, NHLAT, ATC, EMR LGBTQ+ District One Representative

The LGBTQ+ Advisory Committee is beyond excited to dig into Committee Day in Indianapolis. We are especially enthusiastic

about updating our Safe Space Ally Training with an expected release date of late June 2023. Additionally, we are developing part two of the SSAT with an expected release date of Fall 2023. Stay tuned, it is going to be awesome!

The NATA convention will be a flurry of excitement and opportunity for inclusion work with the LGBTQ+committee. We will be hosting a speaker showcase at our Town Hall event around the theme of Legal Advocacy in Indianapolis on Thursday, 6/22, from 5p-7p. Please come join us and learn how you can be more of an advocate, have meaningful discussions, in addition to mingling with colleagues! Other options from our committee to engage with these important topics include:

Clinical Considerations for Transgender and Gender-Diverse Patients in the Secondary School Setting: The AT's Perspective

Kevin Schroeder, DAT, LAT, ATC University of New Mexico Jennifer Sturtevant, MBA, LAT, ATC Tufts Medicine/Malden High School

Creating an Inclusive Environment for Transgender and Gender Diverse Patients

Amanda Tritsch, PhD, LAT, ATC University of South Florida Meredith Decker, PhD, LAT, ATC University of Texas at Arlington

If you won't be in attendance for the convection, feel free to connect with the NATA LGBTQ+ Advisory Committee to get more engaged in promoting inclusion relevant to diverse sexualities, gender identities and gender expressions, within the profession including patients and colleagues. If you'd like to be more involved at the state or district level, please email me.

Happy Pride and hope to connect with you in Indianapolis, via email or in person!

Professional Interest Group Webpage

Find us on Twitter - @LGBTQNATA
Find us on Instagram - Igbtqnata
Find us on Facebook - NATA LGBTQ+ Advisory
Committee



NATA Research and Education Foundation Jennifer Sturtevant, MBA, LAT, ATC District One Chair

The NATA Research & Education Foundation is excited to be headed to Indianapolis and has a lot of

events happening at convention! To check out all the happenings, visit the convention website or stop at the Foundation Booth in the Expo Hall June 22nd – June 24th.

Here are a couple of ways you can support and connect with the Foundation:

Silent Auction 2023 SILENT AUCTION IS OPEN!

View & bid on items **HERE Bidding will close at 12pm CDT on June 30.**

Are you attending #NATA2023?

Join us for a fitness ession sponsored by @GPPartner!
Professionally led Zumba class with a "Miami vibe"
7am. June 24th.

Tickets can be purchased when you **REGISTER** for NATA 2023

Also, check out the June edition of Research to Clinical Practice and find resources and the latest research on Transgender Patient Care.

Please visit the Foundation website to learn about all the great work that is being done and how to connect.

Hope to see you in Indy!





Secondary School Athletic Trainers' Committee (SSATC)

Amy Wiggins, ATC

District One Chair

Our SSAT Committee has been working to address the labor crisis in secondary school setting developing strategies to improve job satisfaction and AT retention. This is ongoing work. I would love to hear from you with any ideas or concerns!

This year the SSAT presented awards for the first time. One Athletic Trainer from each district received The Servant Heart Award and The Athletic Trainer of the Year Award. The candidates were nominated by fellow Athletic Trainers. This year's D1 Servant Heart Award winner is Laura Darby McNally from Middlesex School. We look forward to celebrating Laura at the NATA conference. Please be on the lookout for nominations for 2024.

We hope many SSAT will be attending NATA conference, please join the SSAT committee at the following:

- AT Town Hall on Friday June 23rd 3:00-4:30 ICC rm 233
- SSATC Educational Session Friday, June 23, 1:40 pm 2:45 pm
 - o The relationship between Data and Value at secondary school setting
 - o Presented by the NATA Secondary School Athletic Trainers' Committee

Healthcare decisions are often driven by data. Athletic Training is no different, and the time has come for ATs to demonstrate value in settings to develop growth of a sports medicine program. This presentation will demonstrate proven ways to collect and provide data to important stakeholders in your pursuit for growth. Sports injury surveillance in secondary schools has been ongoing for decades, and ATs have been essential contributors to these efforts. Surveillance programs have led to a variety of injury prevention efforts to reduce the risk of sports-related injuries in secondary schools. This presentation will discuss what data are collected and why, key program and rules changes based on injury surveillance data and how ATs have used these data to benefit their own clinical practice and justify their roles within their institutions.

At the end of this session, attendees will be able to:

- Integrate data collection techniques into secondary school ATs daily practice.
- Illustrate potential cost-savings to employers and patients through medical services rendered by athletic trainers.
- Interpret athletic training treatment patterns and justify future needs.
- Educate athletic trainers about ongoing injury surveillance efforts at secondary schools in the United

Please follow us

Instagram: Ssatc.nata

Facebook: secondary school athletic trainers

A reminder please nominate your institutions for the safe school awards.

As the summer begins, I am always amazed at how fast the school year goes. I take a few minutes after graduation to reflex on the school year and this year I find myself so grateful to work in a field with amazing professionals and true friends; I am very thankful!! Hoping for some rest and relaxation and sunshine for all during the summer months!