



April 20

District One

2016

A newsletter dedicated to informing District One members on Athletic Training news and events essential to the profession.

Notes from
the Director

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Dear District One Members,

Finally it appears that spring has come to New England. Temps were 65 degrees in Maine this past weekend while I was working a baseball doubleheader against Plymouth State University, did not need my winter gloves and hat for the first time this spring. These are all good signs indeed.

I will say that two weekends ago I traveled out to Springfield College for the ATOM YP and Student symposium and hit a nasty spring snowstorm on Interstate 90. Usually when I travel south the weather is warmer not colder. This sudden snowstorm forced several AT students to turn around and go back to Boston unfortunately. I had a great time meeting and speaking to many ATOM AT students. The educational programing was extremely informative to both the students and professionals. Last weekend I traveled to Colby-Sawyer for the NHATA student symposium, another great event where AT students gave research and case study reviews. I was truly amazed by our AT students at both of these symposiums, not only by their knowledge but overall professionalism as well. This is truly a credit to all our curriculum programs and educational faculty in District One.

Thanks to all of you for participating in NATM. It was a huge success this year with many events taking place both regionally and nationally.

As we move forward into the spring I encourage you to attend your upcoming state association meetings. I will be attending the upcoming RI/ATOM and CATA meetings in the upcoming weeks and hope to see many of you at these daylong conferences. We also have the Northern New England Conference in Vermont in early June.

Thanks again and enjoy the mild weather!!

Westy

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District One Director



2016 American Orthopedic Society for Sports Medicine Most Distinguished Service Award

I wanted inform you that our very own Marjorie A. King, PhD, ATC, PT, FACSM, Director of Graduate Athletic Training Education at Plymouth State University has been recently selected to receive the 2016 American Orthopedic Society for Sports Medicine Most Distinguished Service Award. This award has been given since 1982 to an AT who has demonstrated excellent service to the NATA and the athletic trainer profession. This award will be formally presented during the General Session at NATA convention in Baltimore. Congrats Margie!!



Vermont Principals' Hall of Fame Honors Alosa

When it comes to making a difference in one's profession, Denise Alosa has raised the bar. As athletic trainer extraordinaire, whether on the field or in the classroom, Alosa's contribution to the world of athletic training has influenced and inspired many and has impacted the future of athletic healthcare on a state and national level. To have such experience, leadership, and attentive leading-edge care available to South Burlington High School's athletic department is a privilege hundreds of local young athletes, coaches, and parents have long acknowledged. Now, Alosa's talents and accomplishments have been deservedly recognized at yet another level. She has been selected to be inducted into the Vermont Principals' Association (VPA) 2016 Hall of Fame.

Alosa has been the full time athletic trainer at South Burlington High School since 1998 and is the first athletic trainer to be inducted into the VPA Hall of Fame. The induction ceremony will be held May 13 in Montpelier. According to SBHS Director of Student Activities Ed Hockenbury, "Athletic trainers' work is very much behind the scenes in Vermont high school athletics and no one has done more in that role than Denise Alosa."

Alosa has served as the Athletic Trainer Advisor to the State of Vermont Office of Professional Regulation, as well as serving as both secretary and president of the Vermont Association of Athletic Trainers. On a national level, she was the District 1 Chairperson for the Women in Athletic Training Committee. According to Maynard, "Her service has positively impacted health and education of athletes, parents, coaches, and administrators at the local, state, regional, and national levels."

An educator and athletic trainer at the top of her field, it is evident Alosa continues to make a difference. As Hockenbury puts it, "She has not won a single game as an athlete or a coach. Yet in a supporting role and in very real and meaningful way, few people have done more for Vermont students and athletes than Denise Alosa."



National News

Registration is open for the 2016 convention in Baltimore!



Registration for the NATA Convention and AT Expo taking place in Baltimore is now open!

Please look on the registration form and consider a donation to the NATA Foundation. It is a great way to honor the 25th Anniversary of the NATA Foundation and you will be advancing the profession through education and research. If you sign up before May 1, you can take advantage of the early-bird discount and get the best pricing available. While you are at the convention site, you can also sign up for housing and read over the Preliminary Program to get an early look at what will be offered this year in Baltimore. <http://convention.nata.org/registration/>

Convention EBP

The Convention Program Committee has attained approval for five of the convention sessions to be approved for BOC EBP Category CEUs. Each of the sessions will focus on a clinical topic. Two two-hour sessions will run concurrently on day one of convention and two one-hour sessions will run concurrently on day three. The two-hour Johnson & Johnson session on day two, which runs unopposed, will also be eligible for EBP CEUs.

Youth Sports Safety Summit

NATA and the Youth Sports Safety Alliance hosted the seventh annual Youth Sports Safety Summit in Alexandria, Virginia. This year's program built on the foundation of prior summits and reinforced the theme: Stay Ahead of the Game: Preventing Catastrophic Injury in Youth Sports, with a focus on several sports health conditions and a collaborative approach to safety. U.S. Rep. Bill Pascrell, Jr., (NJ-09), founder and co-chair of the Congressional Brain Injury Task Force, provided the keynote address. The Summit had 80 attendees and enjoyed extensive media coverage.

Dr. Rebecca Stearns from KSI shared the updates and results from the Youth Sport Governing Bodies meeting held in January at the National Football League in NYC to the attendees at the Youth Sport Safety Alliance meeting in Washington, DC on March 15th. Covered, were the key policy areas that will be released in the upcoming Inter-association Youth Sports Task Force document.

Collaborative Solutions for Safety in Sport

The Collaborative Solutions for Safety in Sport (CSSS) held its second annual meeting this March. CSSS is a NATA and American Medical Society for Sports Medicine initiative with support from the Korey Stringer Institute and NCAA. CSSS was sponsored by the National Federation of State High School Associations, Sanford Health and Gatorade. This year's focus went along with the theme: A

National Approach to Health and Safety Best Practices and Policy Change. All 50 states were represented.

On March 22nd two representatives from each state's high school athletic association and sports medicine advisory committee were assembled at the NCAA headquarters in Indianapolis for the second year thanks to the NATA, AMSSM, NFHS, and KSI. <http://ksi.uconn.edu/2016/03/25/2ndcsss/> Dr. Brian Hainline opened with the keynote regarding the challenges of change followed by a session entitled "Where are we now?" by Dr. Douglas Casa and Dr. Robert Huggins from KSI, Larry Cooper, and Tom Dompier from Datalys. Barriers to sports policy implementation were a huge topic of discussion and states were given updates on their progress by KSI related to policy changes in areas such as EAPs, Cardiac, Exertional Heatstroke, and Concussion. KSI is happy to announce that 75% of states have implemented a new health and safety policy in at least one of the key areas above in part due to the 1st CSSS meeting. Notably 56%, 67%, and 44% of states have made progress in the policy areas of EAPs, concussion, and cardiac respectively. 23% off the states have made progress, but have been unsuccessful with implementation. KSI is working diligently to identify these barriers to implementation as they assist each state towards policy best practices. Please talk with your state high school athletic associations and help KSI push for best practices. National Athletic Trainers' Association (NATA) President, Scott Sailor, said it best in a powerful statement. "Nearly all deaths and serious injuries can be avoided when proper steps are taken."

ATLAS Project

ATLAS Project- YOU can help KSI and the NATA reach their goal!!!! To date KSI has 4,300 secondary high schools who have taken the ATLAS Survey <http://ksi.uconn.edu/nata-atlas/> since January. Our goal is 6,000 schools by NATA said Larry Cooper, NATA SSC Chair. KSI is working very hard with your state association's secondary school committee chairs to improve the maps. The best way to ensure that you state is mapped correctly is to take the survey <https://goo.gl/AEzZxF> and KSI will get your school's information updated as soon as possible. **Vermont** is the first state in the nation to have the ATLAS project completed! Well done!



25th Anniversary Celebration for the NATA Foundation

Honorary chairs Marje Albohm, Ronnie Barnes and Jack Weakley would like to invite you to join them for our 25th Anniversary Celebration! The celebration will feature entertainment by Heart by Heart. The band includes 2013 Rock and Roll Hall of Fame inductees: Steve Fossen, the original bassist and Mike Derosier, the band's original drummer; alongside their talented bandmates Somar Macek, Randy Hansen and Lizzy Daymont.

5K Fun Run

The NATA Foundation 5K Fun Run fueled by Gatorade is coming to Baltimore Saturday, June 25th at 6:00 a.m. Join the cause and run or walk to help support the NATA Foundation! Register here for \$25. After you register, don't forget to set up a fundraising page to allow peers, family and friends to support you and donate to the NATA Foundation in your honor.



NATA State Legislative Update

New Jersey, Rhode Island, and South Carolina all have bills pending that in varying degrees mandate high schools with athletic programs provide AT's. South Carolina also has one for college football.

Thanks to the efforts of members in New Hampshire and Arizona deregulation bills in those states are dead. This is a disturbing trend that all members should keep a close watch on their respective state legislatures to avoid.

Colorado members are working on the Senators on each committee their bill to restore registration could be sent to. They have bipartisan support for the bill in the Senate but are waiting to introduce it until they're certain they can get it out of whatever committee it is assigned.

Membership news

Overall membership renewals are strong for 2016! We are currently at a 77 percent renewal rate, which is the same percentage we enjoyed in February of 2015. Membership is important to the overall health of the profession.

Athletic Training Educators' Conference (ATEC)

The call for proposals for ATEC 2017 is open. Proposals are being accepted for plenary sessions, breakout sessions, model practices and peer-to-peer discussions.

The theme for the 2017 conference is "Innovation in Athletic Training Education." Proposals need to focus on innovative thinking centered on the five Strategic Priorities of Athletic Training Education:

1. Enhancing Professional and Post-Professional Education
2. Facilitating Transition to Practice
3. Developing Clinical Experts
4. Providing Mechanisms for Advanced Practice Leadership
5. Serving as Stewards of the Discipline

The conference will be in early 2017. Specific dates to follow.

Announcement of Review Committee Openings



CAATE Review Committee for Professional and Post-Professional Programs

The CAATE is accepting applications for individuals interested in contributing to the advancement of education in athletic training by serving on the CAATE Review Committee for Professional and Post-Professional Programs. Individuals interested in applying for the Review Committee for Professional and Post-Professional Programs must have the following qualifications:

Qualifications:

1. Current certification and be in good standing with the Board of Certification (if an AT) and/or current State credential (if applicable) (includes other health care professions)
2. If an AT, a minimum of 5 years as a BOC-credentialed athletic trainer
3. Demonstrated Leadership Abilities
4. No Negative Practice Sanctions (State/BOC)
5. Current or past CAATE program and/or Commission experience
6. Successfully complete Site Visitor Training

Duties, Roles and Responsibilities for Review Committee:

1. Work with Site Visitors to prepare the Site Visit Report for distribution to the institution
2. Review of material in the rejoinder and preparation of presentation file for Commission
3. Review of Program Progress Reports and preparation of presentation file for Commission
4. Make recommendation to the Commission regarding accreditation actions as per the operation procedures of the Commission.

Interested candidates must submit the following application materials electronically to the Director of Accreditation, Pamela Hansen (pamela@caate.net) by May 1, 2016. Selected candidates will be expected to attend Review Training at Accreditation Conference in October 2016. Please submit the following:

1. Submit letter of interest and current CV
2. Letter of recommendation (LOR) and three additional references
 - a. LOR should describe experience, communication skills, attention to detail, professionalism, ability to work with small groups, etc.
3. Verification of good standing with the Board of Certification (if an AT) and/or current state credential (if applicable) (includes other health care professions)
4. Qualified candidates are reviewed by Director of Accreditation, Review Committee Chair and a Review Team Coordinator
5. Final selection is approved by the Commission

Announcement of Call for Site Visitor Applications

CAATE Site Visitor Selection

The CAATE is accepting applications for individuals interested in contributing to the advancement of education in athletic training by serving as a CAATE Site Visitor. Site Visitors will address the responsibilities below for Professional, Post-Professional Degree and Residency programs. Persons interested in applying to be a Site Visitor must have the following qualifications:

Qualifications

- Current certification and be in good standing with the Board of Certification (BOC), athletic training state credential (if applicable), or other current health care provider license
- Current or past affiliation with the CAATE, a CAATE accredited program, experience with higher education accreditation, or experience as a health care clinician
- Evidence of a commitment to athletic training education as documented through previous academic, scholarly, or service activities
- No evidence of unprofessional behavior or practice sanctions

Duties, Roles and Responsibilities for Site Visitors

1. Complete conflict of interest forms
2. Complete Site Visits as Assigned
 - Site visitors are assigned to institution by SV Committee according to experience, partner matching, Carnegie classification/size of institution, conflict of interest information, etc.
3. Complete all required reports and documentation in a timely fashion (e.g. Site Visit Reports, expense reports, quality assurance documents, etc.)
4. Stay current with all Site Visitor Trainings
5. Invitation to renew based on assessment of performance via the Quality Assurance Process and feedback from the Site Visit and Review Team committees.

Interested candidates must submit the following application materials electronically by May 1, 2016 to the CAATE Office (ashley@caate.net). Selected candidates will be expected to attend Site Visitor Training at ATEC 2017. Please submit the following:

1. Letter of interest: the letter should include evidence of a commitment to athletic training education as documented through previous academic, scholarly, or service activities.
2. Curriculum Vita
3. (ATs only) Verification of credentialing and good standing with BOC and current or past affiliation with the CAATE, a CAATE accredited program, involvement in higher education accreditation, or experience as a health care clinician
4. (Non-ATs only) Evidence of state license (if applicable) and current or past affiliation with the CAATE, a CAATE accredited program, in higher education accreditation, or experience as a health care clinician
5. Letter of recommendation should focus on experience; communication skills; professionalism; ability to work with small groups; and evidence of a commitment to athletic training education as documented through previous academic, scholarly, or service activities (Letter of recommendation may not be from a current Commissioner)
6. List of three (3) additional professional references (name, position, phone and email)

District One

District One Young Professional Committee Formed

Congratulations you to the first NATA District 1 Young Professionals Committee!

CT- Michael Dias
MA - Brett Winston
ME - Kaitlyn McCarter
NH - Nick Laurence
RI - Victoria Cooley
VT - Michelle Stemper

DISTRICT ONE



Grant Opportunities for Safe Sport School Application

The Executive Council has approved \$2,500 for a District One grant application program! Stay tuned for more exciting information about this program.



safe sports school
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
1st Team



Position Vacancy

District One is looking for a qualified candidate to serve on the EATA Technology Committee. Please send Director Weston your resume/vitae and letter of interest by April 20th.

EATA Openings

The EATA Executive Board would like to officially announce that the positions of EATA President-Elect and EATA Treasurer are now open to nomination. Nominations will be open until September 1, 2016. The election will be held September 15 - October 7. Our current Treasurer, Ron Laham will be running for re-election. If you would like to nominate someone for an EATA office, please complete the on-line form by September 1st.

http://goeata.org/gov_nominations.html

Your information will be sent to the Nominations Chair, Barbara Hemphill. If you have any questions, please feel free to contact Barbara at bhemphill@govsacademy.org or by phone at (978) 270-6958.

EATA Research Committee's 2017 Call for Abstracts & Submission Guidelines

Eastern Athletic Trainers' Association Annual Meeting & Clinical Symposium
January 6-9, Philadelphia, PA

DEADLINE FOR ABSTRACT SUBMISSIONS: 11:55 p.m. October 1st 2016

Reports on experimental research, injury surveys, case studies/series, evidence based practice, critically appraised topics (CATs), systematic reviews/meta analyses, or other original research projects that are pertinent to the practice of Athletic Training or educational processes are welcomed from ATs, MDs, exercise physiologists, biomechanists, healthcare educators, and other relevant health care professionals. Literature reviews are unacceptable. All abstracts will undergo a blinded and comprehensive review.

New for the 2017 Conference, we are excited to receive and review 3 Different Levels of Case Study Research based on their respective Level of Evidence (Note: We are NOT soliciting Level 4 Case Study Research, only Levels I - III. See the EATA Case Study Abstract Guidelines for more Author Guidelines for the type of Case Study you are submitting:

- Level I - Validation Clinical Case Report
- Level II - Exploration Case Series Report
- Level III – Exploration Case Study Report

Continuing Education Opportunities



2016 CATA Symposium

Thursday, May 19, 2016

Quinnipiac University - Mount Carmel Campus

<https://cata45.wildapricot.org/resources/Documents/CATA%20Symposium%20Flyer%202016.pdf>



2016 ATOM/RI Spring Conference

May 26, 2016

Lasell College

The 2016 ATOM/RIATA Spring Conference and State Meetings are going to be held on Thursday May 26th at Lasell College. The conference will host a combination of speakers and hands-on workshops. Topics and presenters include:

- Morning Lecture
 - Substance Abuse: Referral and Treatment
 - Massachusetts Department of Public Health
- Workshops (select 2 onsite)
 - Concussion Assessment and VOMS
 - Andrew Rizza, ATC, LAT, Weston High School, Weston, MA
 - FMS and Corrective Techniques
 - Jennifer Concannon, ATC, LAT, Endicott College
 - Tim Concannon, ATC, LAT, Weymouth Club
 - Best Practices in strategic planning and prioritizing the operation of an Athletic Training Department
 - Christy Eason, PhD, ATC, LAT, Lasell College
 - Best Practices for clinical education preceptors
 - Chad Clements, MS, ATC, LAT, Boston University
 - Instrument Assisted Soft Tissue Mobilization Technique
 - Sue Guyer, [D.PE](#), ATC, LAT, Springfield College
- Afternoon Lecture
 - Female Athlete Triad and RED-S: Medical complications, treatment and return to play considerations
 - Kathryn Ackerman, MD, Children's Hospital, Boston

<https://atom.wildapricot.org/event-2221108>





AT Workshop - Student Athletic Trainer Workshop

Springfield College will host the 23rd annual Athletic Training Student Workshop June 26th to June 29th 2016. The workshop is a residential camp intended for high school students who want to explore career opportunities in athletic training and related sports medicine disciplines. High school students from across the country, Europe and Asia have attended the workshop. This intensive workshop focuses on anatomy, injury prevention, and care of common lower extremity athletic injuries. The program is designed like a professional continuing education conference. Short lectures and demonstrations are followed with breakout sessions for hands-on learning. Numerous practice sessions are built into the schedule for participants to learn and refine their taping skills. The instructors create a fun learning environment and provide abundant feedback to the students in a positive manner. The latest information about athletic injury prevention, recognition and management is presented during the workshop. A popular aspect of the workshop is the hands-on exploration of cadaver anatomy. Three whole body cadavers and a small class size give the attendees the opportunity to explore the human anatomy up close. The students also participate in a presentation about the different career options within athletic training, as part of the curriculum. A low student to instructor ratio is the hallmark of the program. Each participant is regularly engaged with individual attention from the instructors throughout the four day camp.

Stay Connected

Web site <http://www.eatad1.org/>

Twitter @NATA_District1

Facebook:

<https://www.facebook.com/NATADistrict1>

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