



February 8

District One

2016

A newsletter dedicated to informing District One members on Athletic Training news and events essential to the profession.

Notes from
the Director

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Dear District One Membership,

January was a busy month indeed not only for me but also for the membership and the NATA leadership. Between hosting our annual EATA meeting in Boston and traveling to Dallas, Texas for our annual NATA Joint Committee meeting as well as working with our own winter teams here at Colby College, I feel like I have been on a whirlwind tour. While on this tour my wife tore her ACL skiing at Sugarloaf. Someone asked her if she knew a good athletic trainer? Needless to say my colleagues at Colby College took good care of her while I was away.

I am pleased to report many positive events going on within District One and the NATA. The early January meeting in downtown Boston proved record breaking, with a total attendance of over 1600, which number includes close to 500 student attendees. We had 5 NATA Board of Directors in attendance along with our NATA President, Executive Director, Associate Executive Director and Foundation Executive Director. The overall educational and student program continue to set the bar high for the other NATA Districts to follow. Make your plans now to attend next year in Philadelphia.

Within this edition I want to express my sincerest congratulations to our 2016 NATA Award winners, which went out via the NATA social media sites and the District E-blast this past week. These individuals have given so much to our profession and should be applauded for their efforts.

I am also pleased to announce we have filled our upcoming NATA District One student leadership committee appointment. Shelby Watts from the University of Southern Maine will be taking over for Chantel Hunter from UConn at our June 2016 meeting in Baltimore. I have another NATA representative committee opening posted in this addition as well as an ongoing interview process for our next PDC representative.

I would also like to congratulate New Hampshire, for defeating HB 1213 which would have repealed licensure requirements for athletic trainers in the state. The bill was halted in committee by a unanimous vote. Great job by the NHATA leadership and membership, your hard work has paid off.

Finally I know many of you have been asking me when the new NATA website will be coming out. The Board of Directors was told the short answer is very "soon". The NATA office is in the final stages of running tests on the look and layout of the new website to make sure it is as user friendly as possible for not only our membership but the public at large. So I appreciate your patience with this project.

All my best,

Westy

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District One Director



National News

Start planning your trip to the 67th NATA Clinical Symposia & AT Expo,
June 22-25, 2016 in Baltimore



NATA Membership Renewal Notice - Deadline February 15

If you have not renewed your NATA membership by the February 15th deadline, your status will be recorded as suspended. Many state, district and NATA projects are offered through the dues payments we receive. To update your membership, go to <http://www.nata.org/membership-renewal>

NATA Foundation Events in Baltimore



http://natafoundation.org/portfolio/25th_anniversary/

#ThankAnAT

The NATA Research & Education Foundation invites you to join its #ThankAnAT effort this month. Is there an AT (mentor, teacher, professor or coworker) you'd like to thank for their contribution to the profession? Make that person feel loved this month by donating to the NATA Foundation in their honor. Make sure to tell us who you are thanking this month by posting about it on social media using #ThankAnAT. Help us spread the love!

The NATA Foundation is celebrating its 25th anniversary in 2016 and has set a fundraising goal of \$500,000. If every NATA member donated \$25, we would raise more than \$1 million to support AT research and education! Thank an AT at donate.natafoundation.org

Learn more about the mission of the NATA Research & Education Foundation by visiting www.natafoundation.org

NATA 2014 Research Recipient from District One Featured on ABC Nightline

In 2014, Erik E. Swartz, PhD, ATC, FNATA University of New Hampshire received \$47,686 through the NATA Foundation General Grant Research Program for "Prevention of Head Impacts in American Football". On Behalf of the NATA Foundation we congratulate Erik on his continued commitment to making AT patients' lives better through research!

NATA Foundation Board Election Results

The NATA Foundation recently held board elections with the following results E2:

- J. Timothy Sensor, ATC, LAT - District 2 Chair (elected for first 3-year term)
 - Jill Manners, MS, ATC, PT - District 3 Chair (reelected for 3-year term)
- Scott T. Richter, EdM, ATC/L - District 10 Chair (elected for first 3-year term)
 - Brian Conway, ATC - Vice President, Finance (elected for first 2-year term)
- Robert Kersey, PhD, ATC - Vice President of Governance (reelected for 2-year term)
- Tom Abdenour, DHS, ATC, CES, PES - At-Large Director (elected for first 3-year term)

An Update from the Korey Stringer Institute

KSI Board Meeting/5th Anniversary

The Korey Stringer Institute (KSI), which has partnered with NATA on initiatives such as the CATCH ON - Collaboration for Athletic Training Coverage at High Schools study, to determine AT penetration in secondary schools, the International Malignant Hyperthermia Roundtable, the Athletic Training Location and Services (ATLAS) project and several others, recently celebrated its 5th Anniversary at the University of Connecticut in Storrs. NATA President Scott Sailor, EdD, ATC and District One Director Tim Weston, MEd, ATC, along with NATA Associate Executive Director Rachael Oats, were on hand to attend KSI's board meeting and anniversary celebration. Led by CEO and NATA member Douglas J. Casa, PhD, ATC, FNATA, KSI was developed to provide first-rate information, resources, assistance, and advocacy for the promotion of prevention of sudden death in sport via health and safety initiatives.

Youth Sports Governing Bodies Meeting

"If you want to go fast, go alone; if you want to go far, go together." On January 20th the Korey Stringer Institute in association with the NFL and the NATA convened in New York City at the NFL Headquarters for a meeting entitled "The 2016 Youth Sports Governing Bodies Meeting" with the primary goal of developing an inter-association task force document on emergency health and safety best practices for youth sports slated to be published in the Journal of Athletic Training. CEO of KSI, Dr. Douglas Casa and project leaders Dr. Robert Huggins and Samantha Scarneo along with other members of the Korey Stringer Institute, lead the discussion on current recommendations for best practice policies and procedures related to emergency action planning, sudden cardiac arrest, exertional heatstroke, catastrophic head and neck injuries, lightning, and pre-disposing medical

conditions. In attendance were representatives from US Soccer, USA Hockey, US Lacrosse, USA Wrestling, USA Gymnastics, USA Track & Field, US Tennis Association, USA Football, Safekids Worldwide, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopedic Society for Sports Medicine, as well as the NATA including NATA District 1 Rep Tim Weston, NATA District 2 Rep A.J. Duffy and President Scott Sailor. "We are hopeful that this task force will provide recommendations for all leaders of youth sports organizations and their members to expand the health and safety standards for our children" states Dr. Huggins, VP of Research and Athlete Performance at KSI, "we must encourage and assist these organizations in moving forward in a unified manner and we are excited about what we might be able to accomplish."

Collaborative Solutions for Safety In Sport Meeting

Next month the 2nd Annual Collaborative Solutions for Safety In Sport Meeting will be held at the NCAA Headquarters in Indianapolis, IN where two leaders from each state's high school athletic association and medical advisory board will be present to discuss secondary school health and safety best policies and best practices, with the goal of moving these states towards improved policies in the areas of cardiac care, emergency action planning, heat illnesses, environmental monitoring, concussion/head/neck, mental illness as well as the keys to successfully implementing policies. This year's meeting will focus on the changes that states have made and discuss the place of legislation in impacting change. Some of the key speakers include Brian Hainline (NCAA), William Heinz (NFHS), Chad Asplund (AMSSM), Jonathan Drezer (AMSSM), Douglas Casa (KSI), Larry Cooper (NATA SSC), Scott Sailor (NATA), Thomas Dompier (Datalys), and Martha Lopez-Anderson (Parent Heart Watch). If this meeting is anything like last year's meeting, you can expect some great changes to result and good discussion surrounding the barriers that states face when implementing health and safety policies.

The Athletic Training Locations and Services (ATLAS) Project

Thanks to the help of the NATA and the recent mentions in the NATA Range of Motion and on the NATA Twitter Page as well as all of the Secondary School Committee Chairs in each state, KSI and the NATA Secondary School Committee has officially launched the ATLAS Project aimed at creating a real-time database for secondary school athletic trainers that maps the services that they provide (click here to see your state map). The goal of this project is to provide more detailed insights as to where Athletic Trainers are providing services and in what capacity. Furthermore, it will examine how high school ATs are paid and by whom (school district, clinic, medical facility, etc.). SSC Chair Larry Cooper stated that "this project is critical to understanding how athletic trainers are working, identify schools that still need services, provide resources, to move schools towards Safe Sport Schools, and improve jobs for athletic trainers at the secondary school setting." In the last two weeks, KSI has seen a dramatic increase in survey responses from all over the country, "we just hit over 2,000 responses in just a few short months and we are changing the maps as quickly as possible" stated Dr. Huggins who is the leader of the ATLAS Project. "The best thing that we can do is continue to get the word out to all of the secondary school athletic trainers that we need their help in taking the ATLAS Survey so that the team at KSI can update the maps" stated Dr. Douglas Casa, CEO of KSI "this project is the start of something BIG and we have the team to do it!"

Infographics

The NATA News will continue to create injury infographics designed as resources for ATs to download and print for distribution among parents, administrators, employers, etc. Four handouts are currently available for download and focus on: heat illness, concussion, asthma versus VCD-EILO and environmental cold injuries. View and download handouts on the NATA Now blog. More injury handouts will be included in each issue of the 2016 NATA News.

Subject: Mini-grant opportunity for Athletic Trainers

To pass along a very time sensitive piece that I learned of while in Dallas last week, there is a mini-grant opportunity funded by the NFL in partnership with the American Heart Association, specifically focusing on Athletic Trainers which overlaps some of the topics we've brainstormed about potentially including in a CPR in Youth Sports program:

- Concussion awareness
- Heat and hydration
- Cardiac arrest and proper response
- Prevention of pediatric overuse injuries

Back to Sports is our AHA division that has pulled together a panel of experts to develop a very extensive program for Athletic Trainers to deliver sports safety information. Please read more about it at www.heart.org/backtosports. Meanwhile, I am attaching a flier, if you could help pass along to your LAX coaches or any other sport colleagues you have to get their athletic trainers to apply. There are a limited number of grant awards left and it is first come first serve, so act quickly.

Quick summary of what we are looking for:

We are excited to announce that the Back to Sports mini-grant application is open for athletic trainers to apply. We are looking for athletic trainers to organize, promote, prepare and present meetings to parents and share outcomes and evaluations requested by the AHA. We provide everything you need to lead a successful parent meeting – at no cost to you!

I know you said several of your LAX teams were interested in getting the CPR training going this spring, and you were having conversations with other sports organizations about including CPR. This could be a fantastic way of getting the training happening and funded for whoever gets selected in this mini-grant. Both of our organizations would also be able to gain some feedback from teams regarding the current CPR in Schools program.

Let us know your thoughts and if you're willing to push the info out for us.

Thank you

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2016 NATA Award Winners

Most Distinguished Athletic Trainer

M. Susan Guyer, DPE, ATC, LAT
Richard Mark Laursen, MS, ATC

Athletic Training Service Award

Barbara Blackstone, MSS, ATC
John L. Gilmour, MA, ATC
Vicky Graham, ATC
Kathleen Thornton, MS, ATC

Gail Weldon Award of Excellence

M. Susan Guyer, DPE, ATC, LAT

Fellows

Stephanie Mazerolle, PhD, ATC

Governmental Affairs Committee Award Nomination

Daniel L. Campbell Legislative Awards

We are pleased to announce the Daniel L. Campbell Legislative Award Contest. As usual, entries will be accepted for two types of effort, each important in achieving success in the legislative and regulatory arenas.

Class I

- Activity must be current
- Nominate a state association with an outstanding effort toward legislation. (The legislation may create new law or update existing law.)
- The nomination must include a history of events, give examples of obstacles overcome or innovative techniques, and state the results of the effort. (Passage of legislation is not necessary for nomination.)
- List all individuals involved.

Class II

- Activity must be current
- Nominate a state association who has undertaken activities aimed at keeping athletic training "on the radar screen" of legislators.
- The nomination must be in writing; pictures of events are encouraged.
- Describe activities (how it was organized, who participated, number attending, etc.)
- Describe the relevance of these activities to your overall legislative goals.
- Give examples (if applicable) of how events benefited legislative effort.
- List all individuals involved.

Submit Nomination

All entries must be received at the NATA Government Affairs Office by **March 31, 2016**. Winners will be chosen by members of the Government Affairs Council and honored at the National Convention (during the State Leadership Forum meeting).

Daniel L. Campbell was an active and influential member of the National Athletic Trainers' Association for 34 years. Dan served in several capacities in his service to the NATA and the profession, but is most known for his work in governmental affairs and reimbursement. He was instrumental in creating the Reimbursement Advisory Group, the precursor to the Committee on Revenue, and co-authored a book titled "Reimbursement for Athletic Trainers" about the history of the reimbursement effort. NATA named Dan a Most Distinguished Athletic Trainer in 1996.

William T. Griffin Award for Outstanding Leadership in Legislative Advocacy

Proud Athletic Trainer, family man, and friend, Bill Griffin demonstrated passion in every aspect of his life. Beginning as a student, Bill was a dedicated member of the NATA for over twenty-one years. Bill served enthusiastically as a member of the NATA Governmental Affairs Committee, Chair of the District III Governmental Affairs committee, NATA representative to the AMA Advisory Panel, and President of the NCATA until the time of his death. In 2011, he played an instrumental role in shepherding the Gfeller-Waller Concussion Awareness Act into law in North Carolina.

Energetic, creative, resourceful, and politically savvy, Bill never missed an opportunity to protect student-athletes, support fellow athletic trainers, or promote his beloved profession. To honor and remember Bill, the Governmental Affairs Committee created this award in his name to recognize dedicated members of the athletic training profession who follow his example of leadership and service.

Nominees for this award will be members of the NATA and have demonstrated leadership over their careers in ways that reflect Bill's spirit and example, including:

- Motivating others, especially AT leaders, to increase political involvement.
- Leading by example, showing that one person can make a difference, e.g. through mentoring or fundraising or outreach to other organizations.
- Demonstrating strategic thinking in organizing a legislative or grassroots campaign.
- Initiating coalitions to maximize advocacy efforts.
- Individually and personally raising the visibility and influence of the profession.

Nomination process:

The nominator nominates a worthy candidate and compiles the necessary documents and sends them to the NATA office as described below:

- Nomination form (online)
- Nominee's CV
- Nominee written cover letter describing their past and current athletic training advocacy, legislative activities and future goals
- 2 letters of recommendation specifically describing the nominee's characteristics and activities as they relate to the characteristics outlined above (including one from the nominator)

All entries must be completed using the on line nomination form link above by **March 31, 2015**. You may contact Lathan Watts, Manager of State Government Affairs at lathanw@nata.org with any questions. Winners will be chosen by the Government Affairs Committee and honored at the NATA convention during the State Leadership Forum.

NATM Event in NYC

Hello Fellow Athletic Training Programs!

I hope this email finds you excited to begin another semester. I would like to invite you to join in on a fantastic event that the Stony Brook University Athletic Training Program began four years ago. This year we are going to do something a little different...we are going to offer two options to attend either The Today Show or Good Morning America on different days.

On March 4, 2015 we will be going to The Today Show & on March 18th we will be going to Good Morning America. I will be attending both days & am happy to organize breakfasts at Ellen's Stardust Diner for both events for anyone that's interested.

For both events we will be traveling to New York City to promote NATM by standing outside the studios at either Rockefeller Plaza or Times Square donned in our university attire and carrying signs recognizing NATM and the slogans promoted by the NATA. Each year we have gained more recognition, and have been mentioned by several of The Today Show anchors during their broadcast. We hope that joining forces will further our endeavors and promote the profession at an even higher level.

It is our goal to fill the entire Today Show & GMA audiences with athletic trainers and athletic training students. Both days we plan to arrive at Penn Station by 6:00am and walk to Rockefeller plaza/Times Square by 6:30am (although the earlier the better). The shows run from 7:00 - 9:00am. We will be outside the entire time, and hopefully since we have moved the date a little later in March the weather will be more tolerable. It does have the potential to be cold out, so please dress for the weather.

Last year some schools that were a further distance from NYC were housed with students from some of the schools that were in closer proximity. Once I receive a list of confirmed attendees I will be happy to share the contact info of those who are also willing to host the night before the event. If you have any questions please do not hesitate to contact me.

This event has become a tradition for the SBUATP that our students look forward to every year, and we hope to make this part of your institution's NATM tradition as well. Please let me know if your program is interested in attending this year by sending me the following information by February 12th.

1. Will you be attending?
2. Which day will you be attending?
3. Main contact person's email address
4. Would you be willing to be a host school (to host students from other schools that are further away)?
5. Are you interested in attending breakfast with us at Ellen's Stardust Diner?

Have a happy and safe new year & I look forward to seeing everyone in March!

Lauren J. Stephenson
lauren.stephenson@stonybrook.edu



District One News

Passing of Randy Shrout

It is with heavy heart that we share information about the passing of Randy Shrout, long time Athletic Trainer at Boston College. Please see link to obituary.

<http://m.legacy.com/obituaries/dispatch/obituary.aspx?n=&pid=177627373&referrer=0&preview=True>

Grant Opportunities for Safe Sport School Application

The Executive Council has approved \$2,500 for grant application program! Stay tuned for more exciting information about this program.



safe sports school
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
1st Team

District One PEC Opening

District one is seeking qualified candidates to fill an opening on the Professional Education Committee. The term for this appointment will begin in June, 2016 however the PEC committee would like this individual to be present on conference calls leading up to the June 2016 meeting.

In evaluating the make up the PEC and examining the qualifications of the members who will be rolling off in the near future, we are seeking a member with the following qualifications:

1. Current Clinical Education Coordinator (with a minimum of 5 years of experience)
2. Currently serving as a preceptor or with extensive experience as a preceptor.
3. Published research/presentation experience in the area of clinical education, mentoring, and/or supervision.

Please submit Vitae to Director Weston by Feb 19th.



District One Award winners at EATA

Gatorade Secondary School AT Award

Jaclyn Tourtelotte - Foxcroft Academy in Garland, ME.

Scholarships

Haley Bookbinder – Springfield College
 Megan DeRoy – University of Connecticut
 Leah Dell – University of Southern Maine
 Bianca Grimshaw – Quinnipiac University

William E. Pinky Newell Address

Paul Ullucci, DPT, ATC, CSC, CSCS

Marjorie A. King Research to Reality Presentation

J. Luke Pryor – University of Connecticut

Cramer Award

Kathy Pirog – Central Connecticut State University

Quiz Bowl Winners

1st Place Leah Dell - University of Southern Maine
 2nd Place Nicholas Tilton - Keene State College
 3rd Place Vanessa Yolen - Central Connecticut State University
 Alternate Laura Jassowski - Plymouth State Graduate

EATA Openings

The EATA Executive Board would like to officially announce that the positions of EATA President-Elect and EATA Treasurer are now open to nomination. Nominations will be open until September 1, 2016. The election will be held September 15 - October 7. Our current Treasurer, Ron Laham will be running for re-election. If you would like to nominate someone for an EATA office, please complete the on-line form by September 1st.

http://goeata.org/gov_nominations.html

Your information will be sent to the Nominations Chair, Barbara Hemphill. If you have any questions, please feel free to contact Barbara at bhemphill@govsacademy.org or by phone at (978) 270-6958.

EATA Research Grant Proposals - Submission Deadline Midnight March 15

The EATA is currently accepting Research Grant proposals. For guidelines and application, visit http://www.goeata.org/research_all.html#grant and click "research" or contact: Kenneth L. Cameron, PhD, MPH, ATC, CSCS Grants Chair, EATA Research Committee: kenneth.l.cameron.civ@mail.mil.

2017 EATA Call for Program Proposals - Deadline March 31

The EATA Convention Program Committee has begun to assemble the programming for the 2017 EATA Annual Meeting and Clinical Symposia to be held January 6 – June 9 in Philadelphia, PA. Program proposals are now welcomed from EATA members and non-members. For more information, visit http://www.goeata.org/downloads/PDF/2017_EATA_Call%20Proposals.pdf or contact Greg Janik, EATA President-Elect, at gkjanik@kings.edu.

State news

"This week in New Hampshire, HB 1213 which would have repealed licensure requirements for athletic trainers in the state, was killed in committee by a unanimous vote. After quick and decisive action by the members of NHATA to provide legislators with ample amounts of information on the profession, the bill's author reversed course and joined his colleagues in voting against the bill. This is a great victory for our members in New Hampshire and the profession. Special thanks to Chris Young for coordinating efforts between NHATA and NATA for support and resources, Sean Cox who hosted a key committee member for a day in the life of an athletic trainer, and Dan Sedory for his testimony on ATEP programs which proved to be eye opening for many of the legislators. "

Continuing Education Opportunities



2016 CATA Symposium
Thursday, May 19, 2016
Quinnipiac University - Mount Carmel Campus



2016 ATOM Student and YP Symposium
Sunday, April 3, 2016
Springfield College

2016 ATOM/RI
May 26, 2016



Northern New England Conference

Northern New England Athletic Training Conference
Saturday/Sunday June 11-12, 2016
Location (Lake Morey Resort, Fairlee, VT).



Health Care For Life & Sport

March 4th, 2016

Stay Connected**Web site <http://www.eatad1.org/>****Twitter @NATA_District1****Facebook:****<https://www.facebook.com/NATADistrict1>**

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